

Say It Isn't So

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Winston Yew (SG)
音樂: Say It Isn't So - Gareth Gates



The soundtrack kicks in immediately with vocals without much music instrumental. Commence the dance after 48 counts of vocals at time track 00:43

FORWARD LONG STEP, LOCK STEP, RONDE, LOCK STEP, RONDE, SAILOR STEP, FORWARD ROCK & REPLACE (WITH HIPS SWAY), BACK, ¼ TURN RIGHT, JAZZ BOX PATTERN

- 1 Long-step left forward while dragging right towards left
- 2& Lock step right behind left, sweep left from front to back
- 3& Lock-step left behind right, sweep right from front to back
- 4&5 Step right behind left, step left to left, step right forward
- 6-7& Rock left diagonally forward (sway hips forward), replace weight onto right (sways hips back), step left foot back
- 8&9 Turn ¼ right and step right forward, cross-step left over right, step right back (3:00)

TOGETHER STEP, FORWARD ROCK & REPLACE (WITH HIPS SWAYS), QUICK REPLACE, ½ RIGHT RONDE TURN, FULL TURN LEFT (TRAVELING FORWARD), TOGETHER STEP, ¼ RIGHT COASTER TURN

- 10 Step left next to right (completing the jazz box pattern in counts 8&9)
- 11-12 Rock right forward (sway hips forward), replace weight onto left (sway hips back)
- &13 Quickly replace weight onto right, sweep left around as you turn ½ right on ball of right (end with left toes touching next to right) (9:00)
- 14&15 Step left forward, turn ½ left and step right back, turn ½ left again and step left forward (9:00)
- & Step right next to left
- 16&17 Step left back, step right beside left and commence to turn right, complete a ¼ turn right and step left forward (12:00)

SIDE STEP, HIP TWISTS COMPLETING ¾ TURN LEFT, SIDE SHUFFLE WITH ¼ RIGHT TURN, TOGETHER STEP, BACK MAMBO

- 18 Step right to right
- &19&20&21 Pop left knee in (twisting hips), pop right knee in (twisting hips), pop left knee in (twisting hips), pop right knee in (twisting hips), pop left knee in (twisting hips), pop right knee in (twisting hips). (3:00)

As you twist your hips, turn gradually to complete a ¾ turn left.

- 22&23 Step right to right, step left next to right, turn ¼ right and step right forward (6:00)
- & Step left next to right
- 24&25 Rock right back, replace weight onto left, step right slightly forward

SPIRAL ¾ RIGHT TURN, RONDE, ½ RIGHT UNWIND TURN, BEHIND STEP, UNWIND FULL LEFT TURN, SIDE STEP, FIGURE "8" HIP ROLL, ¼ LEFT TURN

- 26-27 Step left forward, turn ¾ right (end up with right toe crossing over left, keeping weight on left) (3:00)
- 28& Sweep right toes around from front to back and step right behind left, unwind ½ turn right (keeping weight on right) (9:00)
- 29&30 Step left behind right, unwind full turn left (keeping weight on left), step right to right (9:00)
- 31-32& Roll hips left, right in a figure "8" motion (taking weight on right on count 32), turn ¼ left on ball of right on count (&) (6:00)

Option for counts 31-32: sway hips left, right

REPEAT

TAG

After completing 1 wall (facing 6:00), add in the following 2 counts and proceed with the 2nd wall from count 1
1-2 Long-step left forward while dragging right towards left, lock-step right behind left

RESTART

On the 3rd wall, dance counts 1-17 & restart dance from count 2 (i.e. Lock-step right behind left) facing 12:00.
