

Say Hey

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)
音樂: Hit Me Up - Gia Farrell



KICK & KICK & CROSS ROCK STEP SIDE. KICK & KICK & CROSS ROCK STEP SIDE

1&2& Kick right forward, step right together, kick left forward, step left together
3&4 Cross/rock right over left, recover on left, step right to side
5&6& Kick left forward, step left together, kick right forward, step right together
7&8 Cross/rock left over right, recover on right, step left to side

TOE STRUT JAZZ BOX TURN ¼. WEAVE RIGHT, ROCK BACK RECOVER (OPTIONAL CLICKS)

1& Cross right toe over left, drop heel
2& Turn ¼ right and step left toe back, drop heel
3& Step right toe to side, drop right heel
4& Cross left toe over right, drop left heel
Option: on the toe-heels, click your fingers if you want to
5&6& Step right to side, cross left behind right, step right to side, cross left over right
7-8& Step right to side, rock left back, recover on right (3:00)

RHUMBA BOX TURN ¼ TWICE

1&2 Step left to side, step right together, turn ¼ left and step left forward
3&4 Step right to side, step left together, step right back (12:00)
5&6 Step left to side, step right together, turn ¼ left and step left forward
7&8 Step right to side, step left together, step right back (9:00)

LEFT LOCK BACK, BACK MAMBO, LEFT LOCK FORWARD, WHOLE TURN OR WALK

1&2 Step left back, lock right over left, step left back
3&4 Rock right back, recover on left, step right together
5&6 Step left forward, lock right behind left, step left forward
7-8 Turn ½ left and step right back, turn ½ left and step right forward (9:00)

Option: walk forward right, left

SIDE TOUCH, SIDE TOUCH, ROCK & CROSS. SIDE TOUCH, SIDE TOUCH, ROCK & CROSS

1&2& Step right to side, touch left together, step left to side, touch right together
3&4 Rock right to side, recover on left, cross right over left
Optional claps on step touch
5&6& Step left to side, touch right together, step right to side, touch left together
7&8 Rock left to side, recover on right, cross left over right (9:00)

Optional claps on step touch

SIDE ROCK RECOVER, CURTSY UNWIND. HIP BUMPS TURN ¼

1-2-3-4 Rock right to side, recover to left, cross right behind left, unwind a full turn (weight to left)
Option to unwind: step right together, hold
5&6 Step right to side, bump hips right, bump hips left
&7 Bump hips right, bump hips left
&8 Bump hips right, bump hips left
Turn ¼ left over counts 5-8 ending with weight to left (6:00)

REPEAT

ENDING

Dance will end during wall 7. You will start dance facing the front wall. Dance up to & including the first 15 counts, (weave right, ending with step right to side) then just turn $\frac{1}{4}$ left and step left forward to face the front & pose
