

Saving Grace

COPPER KNOB
BY STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS)
音樂: Saving Grace - Sixwire



CROSS ROCK, REPLACE, ½, ½, STEP SIDE, CROSS, STEP SIDE, BALL CROSS, ¼ RIGHT

- 1-2&3-4 Cross rock left over right, rock back on right, traveling left turn full turn left stepping left then right, step left to left side
- 5-6&7-8 Cross step right over left, rock left to left side & rock weight to ball of right foot, cross left over right, turning ¼ turn right step right to right (end facing 3:00 weight on right)

½ SHUFFLE, ¼ ROCK, ¼ ROCK, ½ SHUFFLE, ¼ ROCK, RECOVER

- 1&2-3-4 Traveling forward shuffle left turning ½ turn right, turning ¼ turn right rock right to right side, rock weight center on left turning ¼ turn left
- 5&6-7-8 Traveling forward shuffle right turning ½ turn left, turning ¼ turn left rock left to left side, rock weight center on right (12:00)

TOUCH ACROSS, ¾ UNWIND, ROCK BACK, FORWARD, & ROCK FORWARD, BACK, COASTER ¼ LEFT

- 1-2-3-4 Touch left toe across right, unwind ¾ turn right ending with weight on left, rock back on right, rock forward on left
- &5-6-7&8 Stepping right beside left, rock forward on left, rock back on right, step back on left & step right beside left, turning ¼ turn left step onto left (end facing 6:00 with weight on left)

STEP FORWARD, ½ PIVOT, STEP FORWARD, ½ PIVOT, STEP SIDE, DRAG, BALL CROSS, ¼ RIGHT

- 1-2-3-4 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left (end facing 6:00 weight on left)
- 5-6&7-8 Step right to right, drag left toe towards right (keep weight on right), traveling left step ball of left to left crossing right over left, turning ¼ turn right step back on left (end facing 9:00 weight on left)

FULL TRIPLE TURN BACK, ROCK BACK, ROCK FORWARD, BALL STEP, ½ STEP, ½ SHUFFLE

- 1&2-3-4 Traveling back turn ½ turn right stepping on right, turn a further ½ turn right stepping on left, step back on right (9:00) rock back on left, rock forward on right
- &5-6-7&8 Stepping ball of left beside right step forward on right, turn ½ turn right as you step forward on left, turning a further ½ turn right shuffle right (end facing 9:00 with weight on right)

ROCK FORWARD, ROCK BACK, DIAGONAL LOCK SHUFFLE BACK, RIGHT SAILOR ¼ RIGHT, STEP FORWARD, ½ PIVOT

- 1-2-3&4 Rock forward left, rock back on right, lock shuffle back on left 45 degrees left
- 5&6-7-8 Sailor right turning ¼ turn right (end facing 12:00 weight on right), step forward on left, pivot ½ turn right (end weight right facing new wall)

REPEAT

RESTART

On wall 5, do the first 32 counts and add an & count by stepping onto right. Then restart