

# Saved

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Ian Dunn (AUS)  
音樂: Saved - Vika & Linda



Sequence: AB, AB, B, AB, BB

## PART A

### HOLD, RIGHT FORWARD, LEFT FORWARD, HOLD, HOLD RIGHT BACK, LEFT BACK, HOLD

- 1-2                      Hold, stomp right forward at 45 right punching right arm up to the right, (opt smoking action)  
3-4                      Stomp left forward at 45 left and punching left arm up and to the left, hold (feet apart)  
5-6                      Hold, stomp right back to center with right arm back at waist height, (opt drinking action)  
7-8                      Stomp left back and to center with left arm back at waist height, hold (feet together)

### HOLD, RIGHT FORWARD, HOLD, LEFT FORWARD, KNEE SWAY RIGHT-LEFT-RIGHT-LEFT

- 1-4                      Hold, stomp right forward at 45 right, hold, stomp left forward at 45 left, (feet apart, opt hand actions)  
5&6                      Sway knees to right & forward (lift heels), center, left & forward, (drop & lift heels)  
&7-8                      Center, right & forward (drop & lift heels),  $\frac{1}{4}$  turn pivot right (weight on left, right toe raised)

### HEEL BALL, STEP $\frac{1}{4}$ RIGHT, HEEL BALL, STEP $\frac{1}{4}$ RIGHT

- 1&2-3-4                      Place left heel forward, step left back, forward on right, touch left forward, pivot  $\frac{1}{4}$  turn right  
5&6-7-8                      Place left heel forward, step left back, forward on right, touch left forward, pivot  $\frac{1}{4}$  turn right

### HEEL BALL, STEP $\frac{1}{4}$ RIGHT, HEEL BALL, ROCK FORWARD, RETURN

- 1&2-3-4                      Place left heel forward, step left back, forward on right, touch left forward, pivot  $\frac{1}{4}$  turn right  
5&6-7-8                      Place left heel forward, step left back, forward on right, rock forward on left, return weight to right (optional hand waves, open palms shoulder height)

### TRIPLE $\frac{1}{2}$ , PIVOT $\frac{1}{2}$ , WALK RIGHT-LEFT-RIGHT, TAP

- 1&2-3-4                      Half turn left stepping left-right-left, touch right forward  $\frac{1}{2}$  pivot left  
5-6-7-8                      Walk forward right-left-right, tap left toe behind right.

### BACK LEFT-RIGHT, COASTER, PIVOT $\frac{1}{2}$ , WALK RIGHT-LEFT

- 1-2-3&4                      Walk back left-right, step back on left, right together, left forward  
5-6-7-8                      Touch right forward, pivot  $\frac{1}{2}$  turn left, walk right-left

## PART B

### RIGHT DOROTHY, LEFT DOROTHY, RIGHT DOROTHY, LEFT DOROTHY

- 1-2&                      Long step right forward at 45 degrees, lock left behind right, right to right, (opt. Waving hands)  
3-4&                      Long step left forward at 45 degrees, lock right behind left, left to left, (opt. Waving hands)  
5-6&                      Long step right forward at 45 degrees, lock left behind right, right to right, (opt. Waving hands)  
7-8&                      Long step left forward at 45 degrees, lock right behind left, left to left. (opt. Waving hands) (optional palm waves at approx. Shoulder height)

### ROCK, RETURN, TRIPLE $\frac{1}{2}$ , FULL TURN, FORWARD

- 1-2-3&4                      Rock forward right, back onto left, turn  $\frac{1}{2}$  turn right stepping right-left-right  
5-6-7-8                      Full turn right stepping left-right-left, step right forward

### LEFT DOROTHY, RIGHT DOROTHY, LEFT DOROTHY, RIGHT DOROTHY

- 1-2& Long step left forward at 45 degrees, lock right behind left, left to left, (opt. Waving hands)  
3-4& Long step right forward at 45 degrees, lock left behind right, right to right, (opt. Waving hands)  
5-6& Long step left forward at 45 degrees, lock right behind left, left to left, (opt. Waving hands)  
7-8& Long step right forward at 45 degrees, lock left behind right, right to right. (opt. Waving hands) (optional palm waves at approx. Shoulder height,)

**VINE LEFT, KICK, VINE RIGHT, KICK**

- 1-2-3-4 Left to left, right behind left, left to left, kick right at 45 degrees right  
5-6-7-8 Right to right, left across right, right to right, kick left at 45 degrees left

**VINE LEFT, KICK, VINE RIGHT, ½, FORWARD**

- 1-2-3-4 Left to left, right behind left, left to left, kick right at 45 degrees right  
5-6-7-8 Right to right, left across right, right to right pivoting ½ left on right, step left forward

**KICK, BACK, TOUCH, FORWARD, KICK, BACK, TOUCH, FULL TURN**

- 1-2-3-4 Kick right forward, step back on right, touch left back, left forward  
5-6-7-8 Kick right forward, step back on right, touch left back, pivot a full turn left and weight onto left
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