

# Save Us

拍數: 96      牆數: 2      級數: Improver east coast swing  
編舞者: Jill Babinec (USA), Barry Amato (USA) & Dari Anne Amato (USA)  
音樂: Man With A Hex - The Atomic Fireballs



start counting when the drums bang and fast count 64, then start the dance (he will start singing)

## (RIGHT SYNCOPATED SUSIE Q'S) HEEL, HOLD, FAN, HOLD, HEEL, FAN, HEEL, STEP

- 1-4            Dig right heel on a left diagonal, hold on 2, fan right toe to the right as you step left side, hold on 4
- 5-6            Dig right heel on a left diagonal, fan right toe to right as you step left side
- 7-8            Step right across left, hold on 8

## LEFT SYNCOPATED SUSIE Q'S

- 1-4            Dig left heel on a right diagonal, hold on 2, fan left toe to left as you step right side, hold 4
- 5-6            Dig left heel on a right diagonal, fan left toe to left as you step right side
- 7-8            Step left across right, hold on 8

## STEP FORWARD RIGHT, SNAP, STEP FORWARD LEFT, SNAP, STEP BACK RIGHT, SNAP, STEP BACK LEFT, SNAP

- 1-2            Step forward diagonally right, snap both fingers across right shoulder
- 3-4            Step forward diagonally left, snap both fingers across left shoulder
- 5-6            Step back diagonally right on right foot, snap both fingers across right hip
- 7-8            Step back diagonally left on left foot, snap both fingers across left hip

## RIGHT JAZZ BOX (OPTIONAL: TOE HEEL JAZZ BOX)

Styling: when doing the jazz box, bend at waist with jazz hands, stand up on count 8

- 1-4            Cross right over left, hold on 2, step back left, hold on 4
- 5-8            Step right to the right, hold on 6, step left next to right, hold on 8 (option:)

### Optional:

- 1-4            Cross right toe over left, slap right heel down, step back left toe, slap left heel down
- 5-8            Step right toe to right, slap right heel down, step left next to right, hold

## KICK, STEP, KICK, HOLD, TRIPLE TURN ¾ LEFT, HOLD

- 1-4            Kick right across left, step to right shoulder width apart, kick left across right, hold on 4 (3:00 wall)
- 5-8            (Triple turn in place)- ¼ turn left step on left, ¼ turn left step right next to left, ¼ turn left step left next to right, hold (6:00 wall)
- 9-16          Repeat above 8 counts

## HEEL, STEP, ROCK, RECOVER, STEP, HOLD, STEP, HOLD

- 1-4            Dig right heel forward and fan toe right, step on left, right rock back, recover onto left
- 5-8            Step forward slightly on right, hold on 6, step left next to right, hold on 8 (9:00 wall)

## ¼ TURN HEEL, STEP, ROCK, RECOVER, STEP, HOLD, STEP, HOLD

- 1-4            Dig right heel forward & as you fan turn ¼ right, step on left, right rock back, recover onto left
- 5-8            Step forward slightly on right, hold on 6, step left next to right, hold on 8

## MODIFIED CHARLESTON KICKS

- 1-4            Step forward right, hold on 2, kick left forward, hold on 4
- 5-8            Step left back, hold on 6, open body up ¼ right and point right toe to side, hold on 8

### **MODIFIED CHARLESTON KICKS**

- 1-4 Close body back  $\frac{1}{4}$  left as you step forward right, hold on 2, kick left forward, hold on 4 (12:00 wall)  
5-8 Step left back, hold on 6, open body up  $\frac{1}{4}$  right & step side right, hold on 8

### **CROSS TOE HEEL STRUTS WITH A LEFT $\frac{1}{4}$ TURN**

- 1-4 Step left toe across right, slap left heel down, step right toe to side, slap right heel down  
5-8 Step left toe across right, slap left heel down, step right to side, pivot  $\frac{1}{4}$  left on left (6:00 wall)

### **$\frac{1}{4}$ LEFT TURN CROSS TOE HEEL STRUTS**

- 1-4 Turn  $\frac{1}{4}$  left and step right toe to side, slap right heel down, step left toe across right, slap left heel down  
5-8 Step right toe to side, slap right heel down, step left toe across right, slap left heel down

### **REPEAT**

### **ENDING**

Do the dance 5 times. At start of 6th time do counts 1-60, then 3 slight hops to face front wall. Hold on 8. End with feet together, knees bent

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