

Save A Horse - Ride A Cowboy

COPPER KNOB
STEPPED

拍數: 72 牆數: 4 級數: Phrased Intermediate
編舞者: Jamie Marshall (USA) & Bob Watters
音樂: Save a Horse (Ride a Cowboy) - Big & Rich



Sequence: A, B, A, B, A, A, A, B, Repeat Last 16 Counts of B for ending (Note: B is only danced during Chorus!)

PART A

WALK, WALK, KICK-BALL-CHANGE, BUMPS, STEP BACK POINTS, CROSS, ½ TURN LEFT, KICK & POINTS, KICK & SWITCH, DOUBLE CLAPS, ROCK, RECOVER, TURN ¼ RIGHT WITH SQUAT, LONG STEP FORWARD, LONG STEP BACK

- 1-2 Walk forward right, left
3&4 Kick right forward, step right next to left, step left in place
5&6 Touch right diagonally bumping forward, bump back left, bump forward right
&7&8 Bump back left, bump forward right, bump back left, bump forward right taking weight
Option
5-8 Touch right toe forward diagonally (heel raised), drop heel, repeat (12:00)
- 9-10 Step left back, point right to right
11-12 Step right back, point left to left
13-14 Step left back, point right to right
15-16 Cross right over left, turn ½ left, taking weight on left (6:00)
- 17&18 Kick right forward, small step forward on right, point left to left
19&20 Kick left forward, small step forward on left, point right to right
21&22 Kick right forward, small step forward on right, point left to left
&23 Replace left next to right, point right to right
&24 Clap, clap (6:00)
- 25-26 Rock right forward, recover on left
27-28 Turn ¼ right (squat position optional), step left next to right
29-30 Long step forward right, step left next to right
31-32 Long step back right, step left next to right (9:00)

PART B

DIAGONAL TRIPLES (MAKING ¾ DIAMOND) COASTER, SCUFF STEPS, BODY ROLL, SKATES, TRIPLES, TOUCH-BALL-STEPS, QUARTER PADDLE TURNS

- 1&2 Forward diagonal right triple right, left, right, turning ¼ right (12:00)
3&4 Backward diagonal left triple left, right, left, turning ¼ right (3:00)
5&6 Forward diagonal right triple right, left, right, turning ¼ right (6:00)
7&8 Triple straight back, left, right, left (6:00)
- 9&10 Step right back, next left next to right, step right forward
11&12 Scuff left next to right, hitch left, step left forward
13&14 Scuff right next to left, hitch right, step right forward
15-16 Forward body roll down, weight ending on left
- 17-18 Skate right, skate left
19&20 Forward diagonal right triple right, left, right
21-22 Skate left, skate right
23&24 Forward diagonal left triple left, right, left

25&26 Touch right to right, extending arms to right (option: kick right to right), step right to right, step left next to right, bringing arms to body

Arm movements should appear like pulling a rope

27&28 Repeat 25&26 (weight ends on left)

29-30 Turn ¼ left (facing 3:00), turn ¼ left (facing 12:00)

31-32 Turn ¼ left (facing 9:00), turn ¼ left, taking weight on right (facing 6:00)

33&34 Touch left to left, extending arms to left (option: kick left to left), step left to left, step right next to left, bringing arms to body

35&36 Repeat 33&34 (weight ends on right)

37-38 Turn ¼ right (facing 9:00), turn ¼ right (facing 12:00)

39-40 Turn ¼ right (facing 3:00), turn ¼ right, taking weight on left (facing 6:00)
