

Save A Horse

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Heidi Angelika Scott (NOR)
音樂: Save a Horse (Ride a Cowboy) - Big & Rich



ROCK, RECOVER, RIGHT COASTER STEP, ½ PIVOT RIGHT, ¼ HEEL BOUNCE TURN RIGHT

1-2 Rock forward on right, recover on left
3&4 Right coaster step
5-6 Step forward on left, pivot ½ turn right
7&8 Step forward on left, turn ¼ turn right with 2 heel bounces

SYNCOPATED JUMPS FORWARD & BACK, HEEL JACK LEFT WITH HOLD, HEEL JACK RIGHT

&1 Jump forward with right, left (syncopated) hands; hold reins as if riding
&2 Jump back with right, left
&3 Jump forward with right, left
&4 Jump forward with RIGHT, LEFT
&5-6 Left heel jack (step back on right foot, touch left heel forward on left diagonal), hold styling; nod head and put left hand on brim of the hat
&7 Step left foot back in center, step right to close
&8 Right heel jack (step back on left foot, touch right heel forward on diagonal)

REPLACE, TOUCH BACK. ½ TURN LEFT, KICK BALL STEP FORWARD, ¼ TURN LEFT & RIGHT, ¼ TURN LEFT KICK BALL STEP

&1 Replace right in center, step left back
2 ½ turn left
3&4 Left kick ball step forward (touch left heel forward, step in center, step forward on right)
5-6 Twist body ¼ turn to the left and back to center (put left hand on hat brim as you twist)
7&8 ¼ turn left kick ball step (weight on both feet, shoulder widths apart)

LEFT APPLE JACK, RIGHT APPLE JACK, RIGHT & LEFT HEEL SWITCHES, RIGHT TOUCH TO RIGHT, HOLD, REPLACE, LEFT TOUCH TO LEFT, HOLD, REPLACE

&1 Left apple jack (with weight on left heel and right toe swivel to the left, back to center)
&2 Right apple jack (with weight on right heel and left toe swivel to the right, back to center)
3&4& Right heel switch, replace, left heel switch, replace
5-6& Tap right toe to the right twice, replace in center (left hand on hat brim)
7-8& Tap left toe to the left twice, replace in center (right hand on hat brim)

REPEAT

TAG

Use tag after wall 2, 4 and 8 (after each refrain). After wall 8 do the tag 3 times to finish the dance

V-STEP, STEP IN-IN WITH SHOOT SHOOT, STEP IN-IN WITH BLOW BLOW

1-2 Step right out on right diagonal, step left out on left diagonal
3-4 Step right in center, step left in center
5-6 Step right to the right and shoot to the right, step left to the left and shoot to the left
7-8 Step right in center and blow on right revolver, step left in center and blow on left revolver

On the 3rd of these last 3 tags do: V-step, step right out and shoot to the right, step left out and shoot to the left, hold feet and bring both hands in and blow on them