# Saturday Night Special

級數: Intermediate/Advanced

編舞者: Teree Desarro (USA)

音樂: Why Haven't I Heard From You - Reba McEntire

#### "ELVIS" KNEE ROLLS

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拍數: 64

#### Add your own arm styling to knee rolls- have fun with it!

- With weight on left and feet a shoulder-width apart, roll right knee inward, raising heel of right off floor
- 2 Roll right knee outward, right heel still raised off floor
- 3 Roll right knee inward, right heel still raised off floor
- 4 Lower right heel home and straighten right knee
- 5 Roll left knee inward, raising heel of left off floor
- 6 Roll left knee outward, left heel still raised off floor
- 7 Roll left knee inward, left heel still raised off floor
- 8 Lower left heel home and straighten left knee

## "ELVIS" KNEE ROLLS WITH HOLDS

- 1 Roll right knee inward, raising heel of right off floor
- 2 Hold
- 3 Lower right heel home while rolling left knee inward, raising left heel off floor
- 4 Hold
- 5 Lower left heel home while rolling right knee inward, raising right heel off floor
- 6 Lower right heel home while rolling left knee inward, raising left heel off floor
- 7 Lower left heel home while rolling right knee inward, raising right heel off floor8 Hold

# RIGHT & LEFT TRIPLES FORWARD

#### Try adding shoulder shimmies to the triples

- 1 Step slightly forward on right
- & Step left next to right
- 2 Step slightly forward on right
- 3 Step slightly forward on left
- & Step right next to left
- 4 Step slightly forward on left
- 5 Step slightly forward on right
- & Step left next to right
- 6 Step slightly forward on right
- 7 Step slightly forward on left
- & Step right next to left
- 8 Step slightly forward on left

#### VINE RIGHT WITH STOMP & CLAP, LEFT ROLLING VINE WITH TOUCH

- 1 Step to right on right
- 2 Cross step left behind right
- 3 Step to right on right
- 4 Stomp left foot next to right and clap hands to the right
- 5 Step ¼ turn to the left on left
- 6 Pivot ¼ turn to the left on left and step to the right on right
- 7 Pivot <sup>1</sup>/<sub>2</sub> turn to the left on right and step to the left on left
- 8 Touch right next to left





**牆數:**4

## **RIGHT & LEFT TRIPLES BACK WITH FINGER SNAPS**

- 1 Bending slightly forward, step slightly back on right and snap fingers (left hand forward/right hand back)
- & Step left next to right
- 2 Step slightly back on right
- 3 Still bending slightly forward, step slightly back on left and snap fingers (right hand forward/left hand back)
- & Step right next to left
- 4 Step slightly back on left
- 5 Still bending slightly forward, step slightly back on right and snap fingers (left hand forward/right hand back)
- & Step left next to right
- 6 Step slightly back on right
- 7 Still bending slightly forward, step slightly back on left and snap fingers (right hand forward/left hand back)
- & Step right next to left
- 8 Step slightly back on left and straighten up

## OUT-OUT-HOLD, IN-CROSS-HOLD, OUT-OUT-HOLD, IN-CROSS-HOLD

- & Hop forward and to the right on right
- 1 Hop forward and to the left on left, placing hands down to sides with palms facing forward
- 2 Hold
- & Hop forward and inward on right
- Hop forward, cross stepping left over right, crossing left hand over right in front of body
  Hold
- & Hop forward and to the right on right
- 5 Hop forward and to the left on left, placing hands down to sides with palms facing forward 6 Hold
- & Hop forward and inward on right
- 7 Hop forward, cross stepping left over right, crossing left hand over right in front of body
- 8 Hold

# OUT-OUT-HOLD, ¼-SWIVEL-HOLD, PELVIS PUSHES

- & Hop forward and to the right on right
- Hop forward and to the left on left, placing hands down to sides with palms facing forward
  Hold
- 3 While on the balls of both feet and weight centered directly over feet, swivel heels ¼ turn to the right

# Left foot is now in front of right

- 4 Hold
- 5 Rock back, shifting weight to right
- 6 Push pelvis forward by shifting weight to left
- 7 Rock back, shifting weight to right
- & Push pelvis forward by shifting weight to left while right heel rocks off floor
- 8 Rock back, shifting weight to right while toes of left raise off floor

# LEFT & RIGHT TRIPLES FORWARD, FULL TURN FORWARD, STEP, TOUCH

- 1 Step slightly forward on left
- & Step right next to left
- 2 Step slightly forward on left
- 3 Step slightly forward on right
- & Step left next to right
- 4 Step slightly forward on right
- 5 Step forward on left, pivoting ½ turn to the right

- 6 7 Step back on right, pivoting  $1\!\!\!/_2$  turn to the right
- Step forward on left
- 8 Touch toes of right far to the right side

REPEAT