Saturday Night Slide

拍數: 32

1&2&

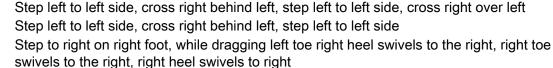
3&4

5&6&

級數: Intermediate

編舞者: Pepper Siguieros (USA)

音樂: Saturday Night - Lonestar



7&8 Right toe swivels to right, step back onto left, step forward onto right

SYNCOPATED GRAPEVINE TO LEFT, JO T'S SMOOTH SLIDE TO THE RIGHT

HEEL SWIVELS AND TURNS, MASH POTATO STEPS BACK, LEFT COASTER STEP

This dance won 2nd place Original Choreography, Derby City Championships, April 1999

- 1-2 Step forward left, keep weight on balls of both feet swivel both heels left turning body 1/2 turn right
- Swivel both heels right turning body 1/4 turn left, swivel both heels left turning body 1/4 turn 3&4 right, swivel both heels right turning body 1/2 turn left shifting weight to right

You should now be facing the starting wall

- &5&6 Turn both heels out, step back onto left while turning both heels in, turn both heels out, step back onto right while turning both heels in
- 7&8 Step back onto left, step right foot back next to left, take a large step forward onto left

RIGHT KICK BALL CHANGE, HITCH AND SLIDE BACK, HEEL SWAPS WHILE MOVING FORWARD, **STEP AND PIVOT ¼ TURN LEFT**

- 1&2& Kick right foot forward, step down onto ball of right foot, step left next to right, hitch right knee up
- 3-4 Take a large step back onto right, slide left foot back next to right and step on it
- While moving forward: put right heel forward, bring right foot slightly back and step on it, put 5&6& left heel forward, bring left foot slightly back and step on it
- 7-8 Step forward onto right, pivot 1/4 turn left shifting weight to left

CROSS RIGHT OVER LEFT, UNWIND FULL TURN, ROCK SIDE RIGHT, ROCK SIDE LEFT, RIGHT SAILOR STEP

- 1&2& Cross right foot over left and unwind slowly full turn to left. As you unwind raise and lower heels as you turn: heels down, heels up, heels down, heels up
- 3&4 Continue to unwind with heels down, heels up, heels down, weight shifts to left foot
- 5-8 Rock to right side onto right foot, rock to left side onto left foot
- 7&8 Cross right behind left, step left to left side, step right to right side



牆數: 4