Satisfaction Guaranteed



拍數: 64 牆數: 4 級數:

編舞者: Alison Metelnick (UK)

音樂: More of Your Love - The Derailers



3 STEP VINE RIGHT & TOUCH LEFT, LEFT SIDE ROCK CROSS & HOLD

1-2	Step right foot to right side, cross step left foot behind right
3-4	Step right foot to right side, touch left toe next to right foot
5-6	Rock step left foot out to left side, recover weight on right

7-8 Step left foot forward & hold! (left foot should be in a slightly forward in 4th position)

3 STEP TURN WITH ½ TURN RIGHT & HOLD, LEFT ROCK BACK & RECOVER RIGHT, LEFT ROCK FORWARD & HOLD

1-2 Step right foot forward (in extended 5th position), ½ turn right step back on left foot

3-4 Step back on right foot & hold!

5-6 Rock step back on left foot, recover weight on right foot

7-8 Rock step forward on left foot & hold!

REPEAT COUNTS 1-16

1-16 Repeat counts 1-16

All these steps put together should take you round in a box shape

ROCK RIGHT & RECOVER LEFT, CROSS RIGHT OVER LEFT & HOLD, ROCK LEFT & RECOVER RIGHT, CROSS LEFT OVER RIGHT & HOLD

1-2 Rock step right foot to right side, recover weight on left foot

3-4 Cross step right foot over left foot & hold!

5-6 Rock step left foot out to left side, recover weight on right foot

7-8 Cross step left foot over right foot & hold!

RIGHT TOE STRUT BACK, ¼ TURN LEFT, LEFT TOE STRUT, ½ TURN LEFT, RIGHT TOE STRUT, LEFT TOE STRUT

1-2 Touch right toe back dropping heel to the floor

3-4 Turn ¼ left, touch left toe in place dropping heel to the floor

5-6 Turn ½ left, touch right toe out to right side dropping heel to the floor

7-8 Touch left toe next to right foot dropping heel to the floor (weight on left foot)

KICK RIGHT TWICE, ¼ TURN RIGHT STEP RIGHT, TOUCH LEFT, KICK RIGHT TWICE, ¼ TURN LEFT STEP LEFT, TOUCH RIGHT

1-2 Kick right foot forward, twice

3-4 ½ turn right step right foot in place, touch left foot next to right

5-6 Kick left foot forward, twice

7-8 ½ turn left step left foot in place, touch right foot next to left

Imagine when you are performing the next 8 counts that there is a clock in front of you on each and every wall. Think of each facing wall as your 12:00 wall not your starting wall.

The next 4 counts are done to your front right diagonal i.e. 1:00, imagine you are facing 12:00 as explained above.

THREE STEP TURN WITH A FULL TURN TOWARDS 1:00

This is also known as a turning grapevine

1-2 Step right foot towards 1:00, ½ turn right step back on left foot 3-4 ½ turn right, stepping forward on right foot, touch left next to right

The next 4 counts are done to your back left diagonal i.e. 7:00 ending up facing 12:00, remember that clock face is on every wall

THREE STEP TURN WITH A ¾ TURN TOWARDS 7:00

This is also known as a turning grapevine

- 1-2 Turning left towards 7:00 step your left foot forward, ½ turn left step back on right foot
- 3-4 Turning 1/8 left step left foot to left side, touch right toe next to left foot

REPEAT