Satin Sheets

拍數: 64

級數: Improver

編舞者: Glennys Croston (UK)

音樂: Satin Sheets - Dolly Parton

TOE STRUTS RIGHT CHASSE AND ROCK

- 1-2 Right side toe strut
- 3-4 Left toe strut crossing over right
- 5&6 Right chasse
- 7-8 Rock back on left behind the right, recover

REPEAT TO LEFT

9-16 Repeat above steps to the left

RIGHT SHUFFLE, PIVOT TURN LEFT SHUFFLE, PIVOT TURN

- 17&18 Right shuffle forward
- 19-20 Step forward on left, pivot half turn right
- 21&22 Left shuffle forward
- 23-24 Step forward on right pivot quarter turn left

PIVOT HALF TURN, ROCK RECOVER COASTER STEP & STEP TOUCH

- 25-26 Step forward pivot half turn left
- 27-28 Rock forward on right recover
- 29&30 Right coaster step
- 31-32 Step forward on left touch with right toe to left instep

STEP BACK SLIDE, STEP BACK TOUCH ROCK LEFT RECOVER BEHIND & CROSS

- 33-34 Step back on right slide left to meet right
- 35-36 Step back on right touch with left
- 37-38 Rock left recover on right
- 39&40 Rock left behind right & cross left over right

RIGHT VINE WITH A SCRUFF, LEFT VINE WITH A QUARTER TURN & SCUFF

- 41-42-43-44 Right side behind side scuff
- 45-46-47-48 Left side behind turn a quarter and scuff

ROCK RECOVER HALF TURN SHUFFLE RIGHT, ROCK RECOVER THREE QUARTER TURN TRIPLE STEP TO LEFT

- 49-50 Rocking forward on right recover on left
- 51&52 Half turn shuffle to right
- 53-54 Rock forward on left recover on right
- 55&56 Three quarter turn triple step to left

ROCK RECOVER HALF TURN SHUFFLE RIGHT, ROCK RECOVER THREE QUARTER TURN TRIPLE STEP TO LEFT

- 57-58 Rocking forward on right recover on left
- 59&60 Half turn shuffle to right
- 61-62 Rock forward on left recover on right
- 63&64 Three quarter turn triple step to left

REPEAT





牆數:1

TAG

At the end of third repetition dance only once

- 1-4 (To the right) side, together, side, kick
- 5-8 (To the left) side, together, side, kick
- 9-12 Step right, kick left, step left, kick right
- 13-16 Step right, kick left, step left, kick right
- Start dance again at the fourth and last wall

FINISH

Dance will finish on second three quarter triple. To finish point right toe forward in front of left toe, arms forward and hands crossed at wrists. Ronde right toe round to back with arms coming up over and out to sides.