Sassy Shaney (P)

拍數: 48

級數: Partner

編舞者: Nancy Thompson Verbryck (USA)

音樂: Whose Bed Have Your Boots Been Under? - Shania Twain

Position: Begin in Circle formation, couples face line of dance in right side by side position, both starting with left foot

2 SHUFFLES FORWARD, 2 SHUFFLES WITH LADY'S ½ TURN RIGHT

- 1-4 Left shuffle forward, right shuffle forward
- 5&6 Left shuffle forward while turning ladies right ½ lifting left hands over her head
- 7&8 Men right shuffle forward as ladies right shuffle back lowering both joined hands to waist level

VINE LEFT, VINE OR TURN RIGHT, VINE OR TURN LEFT, VINE OR TURN RIGHT

- 1-4 Both vine to left side holding right hands only
- 5-8 Both vine to right side (or can do a full turn right) passing each other and joining left hands
- 1-4 Both vine to left side (or can do a full turn left) passing each other and joining right hands
- 5-8 Both vine to right side (or can do a full turn right) passing each other and joining left hands

These vines/turns end with a touch of the ball of the foot and not a scuff

4 SHUFFLES IN A CIRCLE AROUND PARTNER

1-8 Holding left joined hands up with elbows together, shuffle left, right, left, right in a circle to the left around partner

Lady will start and end circle on the inside facing reverse line of dance

2 BUMPS TOGETHER, 2 BUMPS APART, ROLL, ROLL

- 1-2 Passing left foot slightly forward, bump left hips together twice
- 3-4 Bump right hips away twice
- 5-8 Roll left hips toward partner twice (like in the tush push)

STEP, TOUCH, STEP, TOUCH, 4 STEPS TURNING LEFT

- 1-2 Releasing left hands, both step left to left side turning slightly left, touch ball of right beside left and touch right hands
- 3-4 Releasing right hands, both step right to right side turning slightly right, touch ball of left beside right and touch left hands
- 5-8 Releasing left hands, both step left, right, left, right with man turning full turn in place, lady turning 1 ½ left moving across in front of man, to end in right side by side

Option: Man can do 4 steps in place (no turn) and lady does ½ left turn to rejoin in right side by side.

REPEAT





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牆數: 0