

# Sassy Lady Shuffle

**COPPER** **KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Evelyn Barrington (UK)  
音樂: Man! I Feel Like a Woman! - Shania Twain



## DIAGONAL STEPS FORWARD, HAND CLAPS

- 1-2      Step right foot forward to slight angle right, touch left toe to right, clap hands as toe touches  
3-4      Step left foot forward to slight angle left, touch right toe to left foot and clap hands as above  
5-8      Repeat steps 1-4

## RIGHT & LEFT SHUFFLES BACK, FULL BACKWARDS TURN

- 9&10      Step back on right, close left to right, step back on right (small steps)  
11&12      Step back on left, close right to left, step back on left (small steps)  
13-16      Turning backward to the right, travel over four counts to complete a full turn, stepping on right, making a ½ turn on the ball of the right make a ½ turn stepping back on left, step right to right side, close left to right (now facing starting wall)

## KICK BALL TOUCH X 3, KICK CROSS UNWIND TO RIGHT

- 17&18      Kick right foot forward, step right next to left, touch left toe to left side  
19&20      Kick left foot forward, step left next to right, touch right toe to right side  
21&22      Repeat steps 17&18  
23-24      Kick left foot across right and unwind ½ turn to right on the balls of the feet

## HIP BUMPS TO RIGHT & LEFT

- 25-28      Bump the hips to the right, keep the left leg slightly bent for more effect  
29-32      Bump the hips to the left, keep the right leg slightly bent for more effect

## CHASSE TO RIGHT, ROCK BACK, CHASSE TO LEFT, ROCK BACK

- 33&34      Step right to right side, close left to right, step right to right side  
35-36      Rock weight back on left foot behind right, recover weight to right foot  
37&38      Step left to left side, close right to left, step left to left side  
39-40      Rock weight back on right foot behind left, recover weight onto left foot

## JAZZ BOX ¼ TURN TO LEFT, JAZZ BOX

- 41-42      Cross right foot over left, step the left foot back at an angle to left  
43-44      Step right foot ¼ turn to left, close left to right  
45-48      Cross right foot over left, step weight back on left, step right foot to right side, close left to right

## REPEAT

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