Sarong Cha Cha

拍數: 32

級數: Improver

編舞者: Jolene Pearly Vun (MY)

音樂: Sarong Lady - Anita Mui

BACK ROCK, RECOVER, SHUFFLE FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD

- 1-2 Rock back on right, recover on left
- 3&4 Shuffle forward (right, left, right)
- 5-6 Step left foot forward, pivot ½ turn right, step right foot forward (facing 06:00)
- 7&8 Shuffle forward (left, right left)

CROSS POINT, CROSS POINT, JAZZ BOX, POINT

- 1-2 Cross right foot over left foot, point left foot to left
- 3-4 Cross left foot over right foot, point right foot to right
- 5-6 Cross right foot over left foot, recover weight on left
- 7-8 Step right foot beside left foot, point left foot to left

BACK ROCK, RECOVER, SHUFFLE TO LEFT, BACK ROCK, RECOVER, SHUFFLE TO RIGHT

- 1-2 Rock left behind right, recover on right
- 3&4 Shuffle to the left (left, right, left)
- 5-6 Rock right behind left, recover on left
- 7&8 Shuffle to the right (right, left, right)

PIVOT ½ TURN RIGHT (TWICE), ROCK FORWARD, RECOVER, SHUFFLE BACKWARD

- 1-2 Step left foot forward, pivot ½ turn right, step right foot forward (facing 12:00)
- 3-4 Step left foot forward, pivot ½ turn right, step right foot forward (facing 06:00)
- 5-6 Rock left foot forward, recover on right
- 7&8 Shuffle backward (left, right, left)

REPEAT

TAG

1-4

On 3rd & 8th sequence where the vocal starts with "Cha-cha, Chai Hei Mou".

POINT RIGHT FOOT TO RIGHT

After the last shuffle backward of the 4th eight (left, right, left), point right foot to right and hold for another 3 count, then start the dance again

RESTART

On the 5th sequence (during the interval of the song), after 20 counts, which means you only do half of the 3rd eight (after the "back rock, recover, shuffle to the left"), you restart.





