

# Sara

拍數: 64      牆數: 4      級數: Intermediate/Advanced  
編舞者: Christopher Parsons (UK)  
音樂: Sara - Fleetwood Mac



## STEP SLIDE, BALL CROSS, ¼ TURN SLIDE, VAUDEVILLE, HEEL JACK, BALL CHANGE

1-2      Step left to left side, slide right up to left  
&3      Step right slightly back, cross left over right  
4-5      Make ¼ turn left stepping back on right, slide left up to right  
&6      Step left slightly back, cross right over left  
&7&8      Step left slightly back, dig right heel forward, step right beside left, step left forward

## ¼ TURN STEP, LEFT SAILOR, CROSS SHUFFLE, STEP SLIDE, BALL CROSS

9      Make ¼ turn left stepping right to right side  
10&11      Cross left behind right, step right beside left, step left in place  
12&13      Cross right over left, close left beside right, cross right over left  
14-15      Step left to left side, slide right up to left  
&16      Step right slightly back, cross left over right

## ¼ TURN STEP, LEFT COASTER, STEP, STEP ½ TURN, LEFT SHUFFLE

17      Make ¼ turn left stepping back on right  
18&19      Step left back, step right beside left, step left forward  
20      Step right forward  
21-22      Step left forward, pivot ½ turn right  
23&24      Step left forward, close right beside left, step left forward

## FULL TURN (TO THE LEFT), ROCKING CHAIRS, ¼ TURN SIDE ROCK

25-26      Make ½ turn left stepping back right, another ½ turn stepping forward on left  
27-30      Rock forward on right, recover, rock back on right, recover  
31-32      Make ¼ turn left stepping right to right side, recover on left

## CROSS TURN SIDE, ROCK & CROSS, STEP SLIDE, BALL CROSS

33-34-35      Cross right over left, make ¼ turn right stepping back on left, step right beside left  
36&37      Rock left to left side, recover, cross left over right  
38-39      Step right to right side, slide left up to right  
&40      Step left slightly back, cross right over left

## ¼ TURN STEP, RIGHT COASTER, STEP, MONTEREY ½, CHASSE LEFT

41      Make ¼ turn right stepping back on left  
42&43      Step right back, step left beside right, step right forward  
44      Step left forward  
45-46      Touch right to right side, make ½ turn right on left foot - step right beside left  
47&48      Step left to left side, close right beside left, step left to left side

## BACK ROCK, STEP SLIDE, BALL CROSS, SIDE, BACK ROCK

49-50      Rock back on right, recover on left  
51-52      Step right to right side, slide left up to right  
&53      Step left slightly back, cross right over left  
54      Step left beside right  
55-56      Rock back on right, recover on left

**¼ TURN STEP, LEFT COASTER, STEP, ROCKING CHAIRS**

- 57                    Make ¼ turn left stepping back on right  
58&59                Step left back, step right beside left, step left forward  
60                    Step right forward  
61-64                Rock forward on left, recover, rock back on left, recover

**REPEAT**

If using "Sara" from the Greatest Hits or The Very Best Of albums, the music lasts for 6 minutes 20 seconds. As this might become tiresome, using "Sara (edit)" from the Tusk Album (length 4 minutes 30 seconds) may be preferred.

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