

# Sandy's Dance

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Sandy Fatone  
音樂: Tres Deseos (Three Wishes) - Gloria Estefan



## MAMBO STEPS RIGHT, LEFT, RIGHT, LEFT

1&2      Rock right to right side, step left in place, step right next to left  
3&4      Rock left to left side, step right in place, step left next to right  
5&6      Rock right to right side, step left in place, step right next to left  
7&8      Rock left to left side, step right in place, step left next to right

## 8 FORWARD SHOULDER SHRUGS WITH FORWARD PELVIC TILTS

9      Touch right toe forward, shrug both shoulders forward, tilt pelvis forward  
10      Step down on right, repeat forward shoulder shrug and pelvic tilt  
11      Touch left toe forward, repeat forward shoulder shrug and pelvic tilt  
12      Step down on left, repeat forward shoulder shrug and pelvic tilt  
13      Touch right toe forward, shrug both shoulders forward, tilt pelvis forward  
14      Step down on right, repeat forward shoulder shrug and pelvic tilt  
15      Touch left toe forward, repeat forward shoulder shrug and pelvic tilt  
16      Step down on left, repeat forward shoulder shrug and pelvic tilt

## ½ TURNS WITH SHUFFLE STEPS

17-18      Step right forward, pivot ½ turn left  
19&20      Shuffle forward right, left, right  
21&22      Step left forward, pivot ½ turn right  
23&24      Shuffle forward left, right, left

## STEP OUT OUT, KNEES IN OUT 2X, 2 HEELS

25-26      Step right to right side, step left to left side (slightly more than shoulder width)  
27      Bring both knees together by bending straight down, lean whole body left  
28      Still leaning left, bring knees apart  
29      Bring both knees together by bending straight down, lean whole body right  
30      Still leaning right bring knees apart  
&31      Step right in place, touch left heel forward  
&32      Step left in place, touch right heel forward

## CROSS TOUCH OUT 4X

&      Step right in place  
33-34      Cross step left in front of right, touch right toe to right side  
35-36      Cross step right in front of left, touch left toe to left side  
37-38      Cross step left in front of right, touch right toe to right side  
39-40      Cross step right in front of left, touch left toe to left side

## KNEE ROLLS

&      Shift weight to left (feet will be shoulder length apart)  
41-42      Roll right knee to the right, roll left knee to the left  
43-44      Roll right knee to the right twice  
45-46      Roll left knee to the left, roll right knee to the right  
47-48      Roll left knee to the left twice

## ½ TURN, HIP BUMPS, LOCK STEP SIDE ROCK

49-50 Step right forward, pivot ½ turn left  
51&52 Step right next to left, bump hips right, left, right  
53 Step right diagonally forward toward right  
& Lock left behind right  
54 Step right diagonally forward  
55-56 Rock left to left side, recover weight on right

**LOCK STEP SIDE ROCK, 4 PADDLE TURNS**

57 Step left diagonally forward toward left  
& Lock right behind left  
58 Step left diagonally forward  
59-60 Rock right to right side, recover weight on left  
61 Touch right toe forward and push to turn ¼ left  
62 Touch right toe forward and push to turn ¼ left  
63 Touch right toe forward and push to turn ¼ left  
64 Touch right toe forward and push to turn ¼ left

**REPEAT**

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