

# Sandal Waltz (P)

拍數: 72      牆數: 0      級數: Partner  
編舞者: Al Ord (UK) & Sandy Ord (UK)  
音樂: Time Spent Missing You - Dwight Yoakam



**Position: Side By Side holding inside hands. Opposite foot pattern throughout**

## MAN'S STEPS

### BREAK STEP FORWARD, BREAK STEP BACK

1-3            Step forward left, small step forward right, step left beside right  
4-6            Step back right, small step back left, step right beside left

### ¾ TURN LEFT DOWN LOD, CROSS SIDE BEHIND

**Release hands on turn, rejoin in open hand hold on cross step man facing OLOD lady facing ILOD**

7-9            Traveling to LOD make ¾ turn to left on left, right, left  
10-12         Cross right over left, side step left, step right behind left

### ¼ TURN LEFT, BASIC FORWARD TRAVELING DOWN LOD

**Lady turns 3 x ¼ turns under man's raised left hand finishing in closed western. Man facing LOD lady RLOD**

13-15         Step left on spot making ¼ turn left, step forward right, step forward left  
16-18         Step forward right, step forward left, step forward right

### BASIC FORWARD, CROSS ROCK RECOVER TURN

**On cross rock man turns to ILOD recovers to LOD and finishes facing OLOD facing lady in closed western**

19-21         Step forward left, step forward right, step forward left  
22-24         Cross rock right over left, recover onto left, step right ¼ turn right

### CROSS ROCK RECOVER TOGETHER TWICE

**On first cross rock man turns to face RLOD (lady LOD) and recovers to face OLOD on second turns are reversed**

25-27         Rock left over right turning ¼ right, recover back ¼ left onto right onto left, step right beside left  
28-30         Rock right over left turning ¼ left, recover back ¼ right onto left, step left beside right

### CROSS SIDE BEHIND, ¼ TURN RIGHT BASIC TRAVELING TO RLOD

**Lady turns under man's raised left hand finishing both facing RLOD holding inside hands**

31-33         Cross left over right, step right to right side, step left behind right  
34-36         Step right ¼ turn right, step forward left, step forward right

### ROCK RECOVER ½ TURN, CHANGE SIDES IN FRONT

**Man goes under raised inside hands in front of lady on change sides. Finish facing LOD keep hands raised**

37-39         Rock forward left, recover onto right, step left making ½ turn left  
40-42         Step right diagonal forward, step left beside right, step right beside left

### SIDE TOGETHER FORWARD, BASIC FORWARD

**Lady changes sides going under man's raised left hand. Hand is then lowered in front into wrap**

43-45         Step left to left side, step right beside left, step forward left  
46-48         Step forward right, step forward left, step forward right

### BASIC FORWARD, BASIC FORWARD

**Raise both hands above lady's head on turn allow hands to change at top, and lower into sweetheart**

49-51         Step forward left, step forward right, step forward left  
52-54         Step forward right, step forward left, step forward right

## **BASIC ON THE SPOT TWICE**

**Retain hand hold taking hands over man's head while traveling to the left around man finishing in VW facing LOD**

- 55-57 Step left beside right, step right beside left, step left beside right  
58-60 Step right beside left, step left beside right, step right beside left

## **BASIC FORWARD, BASIC FORWARD**

- 61-63 Step forward left, step forward right, step forward left  
64-66 Step forward right, step forward left, step forward right

## **STEP POINT HOLD, STEP POINT HOLD**

**On first diagonal step release VW hold and rejoin in inside handhold as for start**

- 67-69 Step left diagonally forward, point right to right side, hold  
70-72 Step right diagonally forward, point left to left side, hold

## **REPEAT**

## **LADY'S STEPS**

### **BREAK STEP FORWARD, BREAK STEP BACK**

- 1-3 Step forward right, small step forward left, step right beside left  
4-6 Step back left, small step back right, step left beside right

### **¾ TURN RIGHT DOWN LOD, CROSS SIDE BEHIND**

**Release hands on turn, rejoin in open handhold on cross step man facing OLOD lady facing ILOD**

- 7-9 Traveling to LOD make ¾ turn right on right, left, right  
10-12 Cross left over right, side step right, step left behind right

### **¾ TURN RIGHT, BASIC BACK TRAVELING DOWN LOD**

**Lady turns 3 x ¼ turns under man's raised left hand finishing in closed western man facing LOD lady RLOD**

- 13-15 Traveling to LOD make ¾ turn right on right, left, right  
16-18 Step back left, step back right, step back left

### **BASIC BACK, ROCK BEHIND RECOVER TURN**

**On cross rock man turns to ILOD recovers to LOD and finishes facing OLOD facing lady in closed western**

- 19-21 Step back right, step back left, step back right  
22-24 Rock left behind, recover onto right, step left ¼ turn right

### **ROCK BEHIND RECOVER TOGETHER TWICE**

**On first cross rock man turns to face RLOD (lady LOD) and recovers to face OLOD on second turns are reversed**

- 25-27 Rock right behind left turning ¼ right, recover forward ¼ left, step left beside right  
28-30 Rock left behind right turning ¼ left, recover forward, ¼ right onto right, step left beside right

### **¾ TURN RIGHT, BASIC FORWARD TRAVELING TO RLOD**

**Lady turns under man's raised left hand finishing both facing RLOD holding inside hands**

- 31-33 Traveling to RLOD make ¾ turn right on right, left, right  
34-36 Step forward left, step forward right, step forward left

### **ROCK RECOVER ½ TURN, CHANGE SIDES IN BEHIND**

**Man goes under raised inside hands in front of lady on change sides. Finish facing LOD keep hands raised**

- 37-39 Rock forward right, recover onto left, step right ½ turn right  
40-42 Step left to left side, step right beside left, step forward left

### **DIAGONAL BASIC INTO WRAP, BASIC FORWARD**

**Lady changes sides going under man's raised left hand. Hand is then lowered in front into wrap**

- 43-45 Step right diagonally forward, step left beside right, step right

46-48 Step forward left, step forward right, step forward left

### **FULL TURN FORWARD OUT OF WRAP, BASIC FORWARD**

**Raise both hands above lady's head on turn allow hands to change at top, and lower into sweetheart**

49-51 Traveling to LOD make full turn forward on right, left, right

52-54 Step forward left, step forward right, step forward left

### **TRAVEL AROUND THE WORLD ON 2 BASICS**

**Retain hand hold taking hands over man's head while traveling to the left around man finishing in VW facing LOD**

55-57 Step right  $\frac{1}{4}$  turn left, step left further  $\frac{1}{4}$  turn left, step right beside left

58-60 Step left  $\frac{1}{4}$  turn left, step right  $\frac{1}{4}$  turn left, step left forward

### **BASIC FORWARD, BASIC FORWARD**

61-63 Step forward right, step forward left, step forward right

64-66 Step forward left, step forward right, step forward left

### **STEP POINT HOLD, STEP POINT HOLD**

**On first diagonal step release VW hold and rejoin in inside handhold as for start**

67-69 Step right diagonally forward, point left to left, hold

70-72 Step left diagonally forward, point right to right, hold

**REPEAT**

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