

Sand In My Shoes

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: I've Got Sand In My Shoes - The Drifters



STEP FORWARD, SIDE STEP, SMALL STEP FORWARD SHUFFLE, CROSS STEP, STEP BACKWARD, SMALL STEP BACKWARD SHUFFLE, (12:00)

- 1-2 Step forward onto left foot, step right foot to right side
3&4 (Small steps) step forward onto left foot, step right foot next to left, step forward onto left foot
5-6 Cross step right foot over left, step backward onto left foot
7&8 (Small steps) step backward onto right foot, step left foot next to right, step backward onto right foot

½ LEFT STEP FORWARD, STEP FORWARD, SYNCOPATED SCUFFS, STEP FORWARD, TOGETHER, SMALL STEP FORWARD SHUFFLE, (6:00)

- 9-10 Turn ½ left & step forward onto left foot, step forward onto right foot
11&12 Scuff left heel forward, scuff left toe backward, scuff left heel forward
13-14 Step forward onto left foot, step right foot next to left
15&16 (Small steps) step forward onto left foot, step right foot next to left, step forward onto left foot

CROSS STEP, ¾ LEFT, SMALL STEP COASTER, SWAY RIGHT, SWAY LEFT, SMALL STEP RIGHT CHASSE, (9:00)

- 17-18 Cross step right foot over left, unwind ¾ left (weight on right foot)
19&20 (Small steps) step backward onto left foot, step right foot next to left, step forward onto left foot
21-22 Sway right foot to right side, sway onto left foot
23&24 (Small steps) step right foot to right side, step left foot next to right, step right foot to right side

¼ RIGHT STEP FORWARD, PIVOT ¼ RIGHT, SYNCOPATED SCUFFS, CROSS STEP, SIDE STEP, SYNCOPATED SCUFFS, (3:00)

- 25-26 Turn ¼ right a step forward onto left foot, pivot ¼ right (weight on right foot)
27&28 Scuff left heel forward, scuff left toe backward, scuff left heel forward
29-30 Cross step left foot over right, step right foot to right side
31&32 Scuff left heel forward, scuff left toe backward, scuff left heel forward

REPEAT

DANCE FINISH

The dance will finish on count 24 of the 9th wall (facing 'home'), just add:
'Touch hat brim with right hand and with left hand on left hip'
