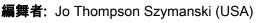
San Antonio Stroll

拍數: 32

級數: Improver polka



音樂: San Antonio Stroll - Tanya Tucker

牆數:4

These are polka type songs, but this dance can also be done to cha-cha or west coast swing type songs as well

POLKA FORWARD RIGHT, LEFT, RIGHT, LEFT

1&2	Step forward with right foot, step together with left foot, step forward with right
3&4	Step forward with left foot, step together with right foot, step forward with left
5&6	Step forward with right foot, step together with left foot, step forward with right
7&8	Step forward with left foot, step together with right foot, step forward with left
ROCK, RECOVER, POLKA BACK RIGHT, POLKA BACK LEFT, ROCK BACK, RECOVER	
1-2	Rock forward with right foot, recover weight back to left foot
3&4	Step back with right foot, step together with left, step back with right
5&6	Step back with left foot, step together with right, step back with left
7-8	Rock back with right foot, recover weight forward to left foot
Turning variation of above: on counts 3&4, 5&6 complete one full turn right by doing this:	
3&4	Turn ¼ right, step right foot to right side, step together with left, turn ¼ right, step forward with right
5&6	Turn ¼ right, step left foot to left side, step together with right, turn ¼ right, step back with left
HEEL, TOE, POLKA RIGHT SIDE, HEEL, TOE, POLKA LEFT SIDE	
1-2	Touch right heel to right forward diagonal, touch right toe beside left (or across in front of left if you prefer)
3&4	Step right foot to right side, step together with left, step right foot to right side
5-6	Touch left heel to left forward diagonal, touch left toe beside right (or across in front of right if you prefer)
7&8	Step left foot to left side, step together with right, step left foot to left side
STROLL 6, STEP, ¼ TURN LEFT	
1-3	Step forward with right foot turning body 1/8 left, step left foot crossed behind right, turn body 1/8 right to square up to front and step forward with right foot
4-6	Step forward with left foot turning body 1/8 right, step right foot crossed behind left, turn body 1/8 left to square up to front and step forward with left foot
7-8	Step forward with right foot, turn ¼ left, shifting weight to left foot
REPEAT	
ENDING	

When using the Tanya Tucker song, at the end of the song the dance will finish on the stroll forward.

Complete counts 1-3 of the stroll, then stomp the left foot forward for a big finish!



