

San Antone Swing (P)

COPPERKNOB
BY STEPHENETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Lauren Turner (UK) & Chris Mellors (UK)
音樂: Betty's Takin' Judo - Jeff Carson



Position: Start in swing position (semi open). The couple stand in the promenade dance position. Man's right hand on lady's back on her left shoulder blade. lady's left hand on man's shoulder. The joined hands are held lower, above the lady's waist level. Step description is for partner on right, Change right for left for opposite steps for partner (man)

ROCK FORWARD, TOUCH, ROCK BACK, RIGHT SHUFFLE FORWARD

1-2 Rock forward on right, touch left behind right
3-4 Step back on left, hold
5-6 Rock back on right, rock in place on left
7&8 Right shuffle forward on right, left, right

STEP, PIVOT, TRIPLE STEP ½ TURN RIGHT, BACK ROCK, TRIPLE SHUFFLE (FORWARD ½ TURN LEFT)

9-10 Step forward left, half pivot right
11&12 Triple step half turn right on left, right, left
13-14 Rock back onto right foot, recover onto left
15&16 Triple step half turn left on right, left, right (facing back)

ROCK BACK, RECOVER, HEEL DIGS, ROCK, LEFT CHASSE

17-18 Rock back on left, recover (open up position side by side facing back)
19&20& Syncopated heel digs left & right
21-22 Rock left across right, rock back on right
23&24 Step to left on left, step right next to left, step to left on left

ROCK BACK, 2X TRIPLE HALF SHUFFLES, ROCK BACK, RECOVER

25-26 Rock back onto right, recover in place on left (angle body quarter turn to face partner)
27&28 Triple step half turn to right over left shoulder on right, left, right
29&30 Triple step half turn to join up in position with partner
31-32 Rock back on right foot, recover in place on left (facing direction of dance)

SHUFFLES FORWARD, WALK, WALK, ROCK BACK, RECOVER

33&34 Shuffle forward on right, left, right
35&36 Shuffle forward on left, right, left
37-38 Walk forward right, left
39-40 Rock back on right, recover in place on left

SHUFFLE FORWARD, STEP, PIVOT, TRIPLE STEP, ROCK BACK, RECOVER

41&42 Shuffle forward on right, left, right
43-44 Step forward on left, pivot half turn right
45&46 Triple step half turn right on left, right, left
47-48 Rock back on right, recover in place on left

REPEAT