

# Same Old New You

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Michael O'Shea (IRE)  
音樂: Same Old Brand New You - A1



## MODIFIED MONTEREY TURN, STEP, SIDE ROCK & TOGETHER

1-2      Point right foot to right side, turning ½ turn right close right to left  
3&4-5      Point left to left side, close left to right, rock right to right, step left ¼ turn left  
6      Step forward right  
7&8      Rock left to left side, replace weight onto right, close left next to right

## & ROCK, TOUCH, KICK BALL STEP, BOUNCE ¾ TURN RIGHT, SIDE ROCK & TOGETHER

&9-10      Rock right to right side, replace weight to left, touch right next to left  
11&12      Kick right forward, step back onto right, step forward left  
13&14      Heel bounce ¾ turn right  
15&16      Rock left to left side, replace weight onto right, close left to right

You should be facing the home wall

## STEP, TOE TAPS TWICE, & HEEL & STEP ½ TURN, STEP FORWARD

17&18      Step forward right, tap left toe behind right heel twice  
19&20      Step forward left, tap right toe behind left heel twice  
&21&22      Step back onto right, touch left heel forward, close left to right, step forward right, (heel jack)  
23-24      Turn ½ turn left, step forward onto right foot

## STEP SLIDE TWICE, CROSS SIDE STEP, CROSS SIDE STEP, CROSS

25-26      Step left diagonally forward, slide right to left  
27-28      Step right diagonally forward, slide left to right, (weight remains on right)  
29&30      Cross left over right, step right to right, step left to left  
&31&32      Cross right over left, step left to left, step right to right, cross left over right

## RIGHT LOCK STEP, OUT, IN, OUT, LEFT LOCK STEP, OUT, TURN OUT

33&34      Step back right, lock step left over right, step back right  
35&36      Touch left toe out, in, out  
37&38      Step back left, lock step right over left, step back left  
39&40      Touch right toe out, touch right toe in turning ¼ turn right, touch right toe out

## COASTER STEP, STEP FORWARD, ROCK FORWARD & BACK & FORWARD, SHUFFLE LEFT

41&42      Step back on right, close left to right, step forward right  
43      Step forward left  
44&45&46      Rock right foot forward & back & forward, (rocking chair)  
47&48      Shuffle forward left

## CROSS HEEL, SIDE HEEL, BEHIND, SIDE, CROSS, SIDE HEEL TWICE, ¼ TURN COASTER STEP

49-50      Cross right heel over left leg, flick right heel to right side

### Heels don't touch the ground

51&52      Step right behind left, step left to left side, cross right over left  
53-54      Flick left heel to left side twice, (heels don't touch the ground)  
55&56      Step back left, close right to left, step forward left turning ¼ turn left

## ¼ TURN, STEP, STEP, KICK CROSS UNWIND, STEP, DRAG

57-58      Step forward right, turn ¼ turn left  
59-60      Walk forward right, left

61-62 Kick right out to right side, cross right over left turning ½ turn left  
63-64 Step left out to left side, drag right to left

**REPEAT**

**TAG**

**On the second wall, dance the first 48 counts only. Then start the dance from the beginning**

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