

Salty Dog Blues

拍數: 32 牆數: 4 級數: Improver
編舞者: Andy Monks (UK)
音樂: Salty Dog Blues - The GrooveGrass Boyz



HEEL SWITCHES, KICK BALL CROSS TWICE MOVING RIGHT

1&2& Right heel forward, bring right heel back next to left, left heel forward, left heel back to place
3&4& Point right toe to right side, bring right back to place, point left toe to left, bring left back to place
5&6 Kick right foot forward slightly across left, place right next to left, cross left over right
7&8 Repeat steps 5&6

ROCKS WITH SYNCOPATED GRAPEVINE AND SAILOR STEPS

9-10 Rock right to the right side and recover onto left
11&12 Right foot behind left step left to left side, step right across left
13-14 Rock left to left side recover onto right
15&16 Left foot behind right, step right to right side, step left foot slightly forward (hip distance apart)

RIGHT & LEFT SHUFFLES FORWARD ¾ TURN RIGHT

17&18 Step right foot forward, step left next to right, step right forward
19&20 Step left foot forward step right next to left, step left forward
21-22 Rock forward onto right foot recover on to left (use momentum to start the turn)
23-24 On the ball of the left turn ¾ turn over right shoulder, step left next to right

JUMP TURN MASH POTATO BACK

25-26 Jump both feet hip distance apart, jump and cross right foot over left
27&28 Unwind ½ turn left clap hands twice
29-30 Spread both heel out, bring both heels in step right foot back slightly while spreading heels.
Bring them back in
31-32 Repeat 29 to 30

29-32 can be replaced with a simple walk back stepping right left right touch left next to right

REPEAT
