

Salty Dog

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Kevin Richards (USA)
音樂: Salty Dog Blues - The GrooveGrass Boyz



RUNNING MAN SIDE STEP

1& Side step to right on right, scoot back on right and lift left knee
2& Side step to left on left, scoot back on left and lift right knee
3& Side step to right on right, scoot back on right and lift left knee
4& Side step to left on left, scoot back on left and lift right knee

Beginners may substitute the running man side step with a right side shuffle and a left side shuffle

SUGAR PUSH

5-8 Walk forward right, left, right touch behind left (bending knees) step back on right left shuffle
 half turn to the left, rock, step
1&2 Shuffle left, right, left while turning a half turn to the left
3-4 Rock forward on right foot, step left in place

RIGHT SHUFFLE HALF TURN TO THE RIGHT, ROCK, STEP

5&6 Shuffle right, left, right while turning a half turn to the right
7-8 Rock forward on left foot, step right in place (facing original wall)

WALK BACK, TOE SWITCHES MOVING BACK, STEP KICK

1-2 Step back left, right
3 Touch left toe to left side
&4 Step left back, touch right to right side
&5 Step right back, touch left to left side
&6 Step left back, touch right to right side
7-8 Right step forward, kick left forward and clap

CROSS KICKS

1-2 Left step forward and cross over right, kick right back turning 45 degree angle to the left
3-4 Right step forward and cross over left, kick left back turning 45 degree angle to the right
5-6 Left step forward over right, kick right back pivoting a ¼ turn to the left on the left foot
7-8 Stomp forward right, left

REPEAT
