

Salta

拍數: 32 牆數: 4 級數: Improver
編舞者: Melannie Kekedy (USA)
音樂: Salta Remix 2001 - King Africa



Start dance after the first 36 counts (after you hear the first vocals)

PIGEON TOE WALKS, MAMBO FORWARD, MAMBO BACK

1-2 Step forward right turning toe in, step forward left turning toe in
3-4 Step forward right turning toe in, step forward left turning toe in
5&6 Rock forward right, recover weight back on left, step right beside left
7&8 Rock back on left, recover weight forward to right, step left beside right

STEP SIDE, HIP BUMPS, STEP ½ TURN RIGHT, HIP BUMPS, (HIP ROLL TO THE LEFT)- TWICE

1&2 Step right side right and bump hip right, bump hip left, bump hip right
3&4 Turn ½ turn right placing weight on left and bump hip left, bump hip right, bump hip left
5-6 Roll hips to the left (start with left hip roll, weight shifts to right as you finish hip roll a full circle)
7-8 Repeat 5-6

VINE RIGHT, CROSS STEP, TWO ALTERNATING HEEL JACKS

1-4 Step right side right, step left behind right, step right side right, cross/step left over right
&5 Step back diagonally right on right, extend left heel diagonally forward left
&6 Step left back to center, step right beside left
&7 Step back diagonally left on left, extend right heel diagonally forward right
&8 Step right back to center, step left beside right

FORWARD SHUFFLES RIGHT & LEFT, SAILOR SHUFFLE, SAILOR SHUFFLE WITH ¼ TURN LEFT

1&2 Step forward right, step ball of left beside right, step forward right
3&4 Step forward left, step ball of right beside left, step forward left
5&6 Step right foot behind left, step left side left, step right slightly forward right
7&8 Step left foot behind right, step right ¼ turn left, step left slightly forward left

REPEAT
