Salsa Latinno



拍數: 80 牆數: 4 級數: Intermediate

編舞者: Elle-Jay (UK)

音樂: Tres Deseos (Three Wishes) - Gloria Estefan



Begin after 1st 32 counts (with the trumpets)

SIDE ROCKS, FORWARD ROCK, BALL STEPS BACK, TOE TAPS & CLAPS

1 Rock right to right side (angle body 10:00)

&2 Rock weight onto left in place, step right next to left

3 Rock left to left side (angle body 2:00)

&4 Rock weight onto right in place, step left next to right

5& Rock forward right, step back on ball of left

Keep left behind right for counts 6-8

6& Step back right, step back on ball of left

7&8 Step back right, tap left toe behind right twice with two claps

TOUCH, 1/4 TURN FLICK, FORWARD SHUFFLE, STEP, FLICK & SHUFFLE

9-10 Touch left to left side, ¼ right on right while flicking left back (look left)

11&12 Step forward left, close right beside left, step forward left

13-14 Step forward right, flick left back (while again looking over left shoulder)

15&16 Step forward left, close right beside left, step forward left

TOE POINT, FORWARD SHUFFLE, TOE POINTS 1/2 TURN LEFT & SHUFFLE

17-18 Touch right toe forward, touch right back

19&20 Step forward right, close left beside right, step forward right

21-22 Touch left toe forward, touch left toe back ½ turn left on ball of right

23&24 Step forward left, close right beside left, step forward left

HALF MONTEREY TURN, FULL MONTEREY TURN

25 Touch right toe to right side

26 On ball of left pivot ½ turn right & step right beside left

27-28 Touch left to left side, step left beside right

29 Touch right toe to right side

30 On ball of left pivot full turn right & step right beside left

31-32 Touch left to left side, step left beside right

TOE STRUTS, WALK FORWARD, MODIFIED DRUMMER BOY ARMS

33 Step right toe forward (raise right forearm parallel to floor head height with clenched fist)

34 Drop right heel to floor (lower arm)

35 Step left toe forward (repeat arm movements as count 33 with left arm)

36 Drop left heel to floor (lower arm)

37 Step forward right (repeat arm movements as count 33)

38 Step forward left, lower right arm as you raise left

39-40 Repeat counts 37-38

BACK STEPS WITH HOLDS, CLAPS AND SHIMMIES

41 Step back right

42 Hold, two claps in front

43 Step back left

44 Hold, two claps behind

JAZZ BOX, ROCK STEP, FULL TURN TRIPLE STEP

49-50	Cross right over left, step back with left
51-52	Step right to right side, close left beside right

53-54 Rock forward right, rock back left

55&56 Triple step right, left, right making a full turn right

CROSS BALL CHANGES TRAVELING RIGHT, HIP ROLLS

57& Cross left over right, step right to right and slightly back 58& Cross left over right, step right to right and slightly back 59& Cross left over right, step right to right and slightly back

60 Cross left over right

Step right to right side & and roll hips to the left

Roll hips to the left twice

CROSS BALL CHANGES TRAVELING LEFT, HIP ROLLS

65& Cross right over left, step left to left and slightly back 66& Cross right over left, step left to left and slightly back 67& Cross right over left, step left to left and slightly back

68 Cross right over left

69-70 Step left to left side & roll hips to the right

71&72 Roll hips to the right twice

FOUR TOUCH TURNS LEFT WITH ARM MOVEMENTS, COASTER STEPS

73& Touch right forward and pivot ¼ turn left

74&75&76& Repeat 73&, a further three times to complete a full turn

During counts 73-76&, circle arms above your head

77&78 Step forward right, step left beside right, step back on right 79&80 Step back left, step right beside left, step forward on left

For extra style when flicking back with left foot push both hands forward with palms forward

REPEAT