

Salsa Crazy

拍數: 64 牆數: 2 級數: Improver
編舞者: Lorraine Susan Taylor (UK)
音樂: Livin' la Vida Loca - Ricky Martin



SALSA STEPS

- 1 Step right foot forward
- 2 Rock back onto left foot
- 3 Step right foot back
- 4 Rock forward onto left foot
- 5 Step right foot forward
- 6 Rock back onto left foot
- 7 Step right foot back
- 8 Rock forward onto left foot

TOE STRUTS, PIVOT TURN, STEP TAP

- 9 Touch right toe forward
- 10 Right heel down
- 11 Touch left toe forward
- 12 Left heel down (shimmy over last four counts)
- 13 Step right foot forward
- 14 Pivot half turn to left
- 15 Step right foot forward
- 16 Tap left toe next to right foot

SALSA STEPS

- 17 Step left foot forward
- 18 Rock back onto right foot
- 19 Step left foot back
- 20 Rock forward onto right foot
- 21 Step left foot forward
- 22 Rock back onto right foot
- 23 Step left foot back
- 24 Rock forward onto right foot

TOE STRUTS, PIVOT TURN, STEP TAP

- 25 Touch left toe forward
- 26 Left heel down
- 27 Touch right toe forward
- 28 Right heel down (shimmy over last four counts)
- 29 Step left foot forward
- 30 Pivot half turn to right
- 31 Step left foot forward
- 32 Tap right toe next to left foot

SIDE TOGETHER SIDE FLICK

- 33 Angling body to right, step right foot to right, toe turned out slightly
- 34 Close left foot to right foot
- 35 Step right foot to right
- 36 Flick left foot behind right foot, turning body slightly to left
- 37 Angling body to left, step left foot to left, toe turned out slightly

- 38 Close right foot to left foot
- 39 Step left foot to left
- 40 Flick right foot behind left foot, turning body slightly to right (move body and arms to the rhythm of the music)

DIAGONAL STEP TAPS

- 41 Step right foot forward diagonally to right
- 42 Tap left toe next to right foot (click fingers)
- 43 Step left foot back diagonally to left
- 44 Tap right toe next to left foot (click fingers)
- 45 Step right foot forward diagonally to right
- 46 Close left foot to right foot
- 47 Step right foot forward diagonally to right
- 48 Tap left toe next to right foot
- 49 Step left foot forward diagonally to left
- 50 Tap right toe next to left foot (click fingers)
- 51 Step right foot back diagonally to right
- 52 Tap left toe next to right foot (click fingers)
- 53 Step left foot forward diagonally to left
- 54 Close right foot to left foot
- 55 Step left foot forward diagonally to left
- 56 Tap right toe next to left foot

PADDLE TURN

- 57 Step right foot forward
- 58 Tuning an eighth to left, rock weight onto left foot
- 59 Step right foot forward
- 60 Tuning an eighth to left, rock weight onto left foot
- 61 Step right foot forward
- 62 Tuning an eighth to left, rock weight onto left foot
- 63 Step right foot forward
- 64 Tuning an eighth to left, rock weight onto left foot (completed half turn to left)

REPEAT
