

Sally Lee

COPPER **NOB**
BY STEPHEN T. S.

拍數: 32 牆數: 4 級數:
編舞者: Johnny Montana (USA)
音樂: Fat Sally Lee - Rednex



SHUFFLE FORWARD, KICK-BALL-CHANGE

1 Step forward onto right foot
& Slide left foot up next to right
2 Step forward onto right foot
3 Kick left foot forward
& Step onto sole of left foot to or slightly back of home position
4 Replace right foot in home position

SHUFFLE FORWARD, KICK-BALL-CHANGE

5 Step forward onto left foot
& Slide right foot up next to left
6 Step forward onto left foot
7 Kick right foot forward
& Step onto sole of right foot to or slightly back of home position
8 Replace left foot in home position

STEP, TURN, PONY STEP (CROSS-BALL-CHANGE)

9 Step forward onto right foot
10 Pivot on soles of both feet ¼ turn to left and transfer weight to left
11 Cross and step right foot over left
& Slide left foot over to right side of right foot and step
12 Step onto right foot to left side

HEEL-BALL-CROSS, STEP, STOMP

13 Touch left heel forward
& Step back onto sole of left foot
14 Cross and step onto right foot over left
15 Step to left side onto left foot
16 Stomp right foot next to left foot

HEEL, SCOOT, TOE, SCOOT, HEEL, SCOOT, TOE

17& Touch right heel forward, hitch right knee and scoot back on left foot
18& Touch right toe back, hitch right knee and scoot back on left foot
19 Touch right heel forward
& Hitch right knee and scoot back on left foot
20 Touch right toe back

SHUFFLE FORWARD, STAMP, STAMP, STAMP

21 Step forward onto right foot
& Slide left foot up next to right
22 Step forward onto right foot
23 Stamp left foot next to right
& Stamp right foot next to left
24 Stamp left foot next to right

STOMP, KICK, CROSS, KICK, OUT, KICK, CROSS (CRAZY LEGS)

- 25& Stomp right foot next to left, kick right foot forward
- 26& Hook right ankle across left shin, kick right foot forward
- 27& Lift right foot out to right side, kick right foot forward
- 28 Hook right ankle across left shin

STEP, TURN, ROCK, STEP

- 29 Step forward onto right foot
- 30 Pivot on soles of both feet ½ turn to left and transfer weight to left
- 31 Step back onto right foot and lean way back holding arms out
- 32 Step forward onto left foot

REPEAT
