

# The Sake Of My Pride

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Michael Lynn (UK)  
音樂: Amazing - Westlife



## HEEL SWITCHES, TOE SWITCHES, TWIST, SHUFFLE BACK LEFT

1&2&      Touch right heel forward, step right beside left, touch left toe behind right, step left beside right  
3&4      Touch right toe behind left, step right beside left, touch left toe forward  
5-6      Twist both heels outward, twist both heels back to center  
7&8      Step back left, close right beside left, step back left

## DOUBLE TIME GRAPEVINE, RIGHT ROCK RECOVER, ¾ TURNING TRIPLE RIGHT

1&2&      Step right to right side, cross left behind right, step right to right side, step left to right side  
3&4&      Step right to right side, cross left behind right, step right to right side, step left to right side  
5-6      Step right forward, rock weight back onto the left  
7&8      Triple step ¾ turn right, stepping - right, left, right

## STRUTTING JAZZ BOX

1-2      Cross left toe over right, drop heel to the floor  
3-4      Step right toe back, drop heel to the floor  
**Restart dance from beginning at this point on wall 6**  
5-6      Step left toe to left side, drop heel to the floor  
7-8      Step right toe to right side, drop heel to the floor

## VAUDEVILLE LEFT, TOE POINTS, CROSS OVER, UNWIND

1-2      Step diagonally back left on left, cross right over left  
3-4      Step diagonally back left on left, touch right heel diagonally forward right  
**Restart dance from beginning at this point on walls 2, 4, 5, 7**  
5&6      Point left toe to left side, step left foot next to right, point right toe to right  
7-8      Cross right foot over left, unwind ½ turn over left shoulder

## REPEAT

## RESTART

Restart after count 20 on wall 6.  
Restart after count 28 on walls 2, 4, 5, and 7.

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