

Sailing (Beyond The Sea)

拍數: 48 牆數: 4 級數: Improver
編舞者: Tracy Sutton (UK)
音樂: Beyond the Sea - Robbie Williams



RIGHT SIDE STRUT, CROSS STRUT, CHASSE RIGHT, BACK ROCK

1-2 Step right toe to right side, drop right heel taking weight
3-4 Cross left toe over right, drop left heel taking weight
5&6 Step right to right side, close left beside right, step right to right side
7-8 Rock back on left, rock forward onto right

LEFT SIDE STRUT, CROSS STRUT, CHASSE LEFT, BACK ROCK

9-10 Step left toe to left side, drop left heel taking weight
11-12 Cross right toe over left, drop right heel taking weight
13&14 Step left to left side, close right beside left, step left to left side
15-16 Rock back on right, rock forward onto left

RIGHT SHUFFLE, LEFT SHUFFLE, STEP RIGHT TURN QUARTER TURN LEFT TWICE

17&18 Shuffle forward right left right
19&20 Shuffle forward left right left
21-22 Step right foot forward, quarter turn left
23-24 Step right foot forward, quarter turn left

GRAPEVINE TO THE RIGHT, KICK & CLAP, GRAPEVINE TO THE LEFT, KICK & CLAP

25-26 Step right foot to right side, cross left foot behind right
27-28 Step right foot to right side, kick left foot across right & clap
29-30 Step left foot to left side, cross right foot behind left
31-32 Step left foot to left side, kick right foot across left & clap

KICKS & CLAPS

33-34 Step right foot to right side, kick left foot across right & clap
35-36 Step left foot to left side, kick right foot across left & clap
37-38 Step right foot to right side, kick left foot across right & clap
39-40 Step left foot to left side, kick right foot across left & clap

HALF MONTEREY TURN RIGHT, QUARTER RIGHT TURNING JAZZ BOX

41-42 Point right toe to right side, on ball of left foot make ½ turn right, stepping right beside left
43-44 Point left toe to left side, step left foot beside right
45-46 Cross right over left, step back on left
47-48 Step right ¼ turn right, step left beside right

REPEAT
