

# Sail My Vessel

**COPPER KNOB**  
STEPSHEETS

拍數: 68      牆數: 4      級數: Improver  
編舞者: Judith Campbell (NZ)  
音樂: The River - Garth Brooks



**Intro: this is a long intro, wait for the vocals and start on the word "dream"**

## **SIDE TOGETHER CROSS, HOLD - SIDE TOGETHER CROSS (SCISSORS), HOLD**

- 1-4            Step right foot to right side, close left foot next to right, step right foot across in front of left, hold  
5-8            Step left foot to left side, close right foot next to left, step left foot across in front of right, hold (12:00)

## **STEP LOCK STEP HOLD, ¼ TURN RIGHT, ¼ TURN RIGHT, STEP CROSS, HOLD**

- 1-4            Step right foot forward on right diagonal, lock left foot behind right, step forward on diagonal right, hold

### **Body stays facing the front on this lock step**

- 5-8            Turning ¼ to right, step back on left foot, turning ¼ to right - step right to right side, step left across right, hold (6:00)
- 17-32          Repeat all the above - finish facing 12:00

## **SWAY, HOLD, SWAY, HOLD, BEHIND SIDE FRONT, HOLD**

- 1-4            Sway /rock to right side, hold, sway /rock to left side, hold  
5-8            Step right behind left, step left to left, step/cross right in front of left, hold (12:00)

## **SIDE TOGETHER FORWARD, HOLD, ROCK RECOVER, ½ TURN RIGHT, STEP FORWARD HOLD**

- 1-4            Step left to left side, close right next to left, step forward onto left foot, hold  
5-8            Rock forward onto right, recover onto left turning ½ to right, step forward on right foot, hold (6:00)

## **FULL TURN RIGHT, FULL TURN RIGHT, (OPTIONAL, 4 QUICK WALKS FORWARD)**

- 1-2            Step forward on left ball of foot turning ½ to right, turning ½ to right stepping forward on right foot  
3-4            Step forward on left ball of foot turning ½ to right, turning ½ to right stepping forward on right foot

**This double turn is done moving forward**

**Option for roll: do 4 walks forward, left-right-left-right**

## **ROCK FORWARD, HOLD, BACK TOGETHER**

- 5-8            Rock/step forward on left, hold, step back on right, close left next to right

## **BACK ROCK, HOLD, FORWARD ¼ TURN LEFT, TOGETHER**

- 1-2            Rock/step back on right, (leaving left heel on floor, lifting toes off the floor) hold  
3-4            Recover forward onto left, turning ¼ to left closing right next to left

## **BACK ROCK, HOLD - TOGETHER**

- 5-6            Rock/step back on left, (leaving right heel on floor, lifting toes off the floor) hold  
7-8            Recover forward onto right, closing left next to right

## **TOUCH, HOLD, ½ TURN RIGHT CLOSE, HOLD**

- 1-4            Touch right foot out to right side, hold, turning ½ to right bringing right foot in next to left, hold

**REPEAT**

**TAG**

At the end of 2nd wall add

**SWAY, HOLD, 4 TIMES**

1-4                    Right-left-right-left

**RESTART**

5th wall you will be facing the front. Dance through to the end of sways right, left (counts 1-36). Then restart the dance from the beginning

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