

Sail Away With Me

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Barbara Hile (AUS)
音樂: Islands in the Stream - Bee Gees



RIGHT DIAGONAL STEP, LOCK, RIGHT LOCK SHUFFLE, LEFT DIAGONAL STEP, LOCK, LEFT LOCK SHUFFLE

- 1-2-3&4 Step right forward at 45 degrees, lock left behind right, step right forward, lock left behind right, step right forward
- 5-6-7&8 Step left forward at 45 degrees, lock right behind left, step left forward, lock right behind left, step left forward

RIGHT TOE STRUT BACK, ½ LEFT TURN LEFT TOE STRUT FORWARD, ¼ LEFT TURN SIDE SHUFFLE RIGHT SIDE ROCK, REPLACE

- 1-2-3-4 Step back on right toe, drop right heel to floor, turn ½ left step forward on left toe, drop left heel to floor
- 5&6-7-8 Turn ¼ left step right to right side, step left beside right, step right to right side, rock left to left side, replace weight to right

LEFT SAILOR, RIGHT SAILOR, BEHIND UNWIND ½ LEFT TURN

- 1&2-3&4 Step left behind right, step right to right side, step left to left side, step right behind left, step left to left side, step right to right side
- 5-6-7-8 Touch left toe behind right, unwind ½ left turn over 3 counts (place weight on left)

SIDE JUMP, TOUCH, HOLD, SIDE JUMP, TOUCH, HOLD, SIDE, KNEE POPS

- &1-2&3-4 Small jump to right side, touch left beside right, hold, small jump to left side, touch right beside left, hold
- &5-6-7-8 Small step to right, bend forward left knee, right knee, left knee, right knee (weight left)

REPEAT

RESTART

During wall 5 (12:00) dance to count 12 and start dance again (6:00 wall)
During wall 11 (3:00) dance to count 8 and start dance again

ENDING

To end the dance facing front, dance to count 12, turn a further ½ left turn with a right toe strut back, rock step left back, replace right forward, step left beside right
