

Sail Away (P)

COPPERKNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Intermediate waltz partner dance
編舞者: Ron Kline (USA)
音樂: The Last Waltz - Rodney Crowell



Position: Sweetheart with man on lady's left (facing 12:00). Lady's steps are the same as those in the line dance version of this dance. Refer to that sheet, if necessary

BOX WITH TURN OUT AND HALF TURN

- 1-2-3 Drop left hands and raise right hands as you step left foot forward diagonal left to face left wall (9:00), lady will be behind man--lower right hands out to right side as you step right foot next to left foot and slightly to right side, man reaches left hand down and back to retrieve lady's left hand as you step left foot back and diagonally right (still facing side wall)
- 3-4-5 Still traveling back diagonally right, drop right hands as you step right foot back, lift left hands as you pivot $\frac{1}{2}$ to the left on right foot stepping left foot forward (3:00), rejoin right hands as you step right foot forward, man will position himself to be on lady's right side on counts 4-5

ROCK STEP, HALF TURN, ROLL FORWARD, STEP

- 1-2-3 Rock forward on left foot maintain hand positions, rock back on to right foot turning $\frac{1}{4}$ to the left with the step, pivot $\frac{1}{4}$ to the left on right foot stepping left foot forward (back into sweetheart position facing 9:00)
- 4-5-6 Release left hands and raise right hands stepping right foot forward as lady starts a full turn to the left traveling forward, stepping left foot lady finishes full turn (rejoining left hands, step right foot forward--man simply walks forward (right-left-right)

BALANCE STEPS FORWARD AND BACK

- 1-2-3 During these steps man will remain on lady's left--step left foot forward, step right foot next to left foot, step left foot back
- 4-5-6 During these steps man will position himself behind lady--step right foot back, step left foot next to right foot, step right foot forward

BALANCE STEPS FORWARD, THREE QUARTER TURN BACK

- 1-2-3 During these steps man will position himself to be on lady's right--step left foot forward, step right foot next to left foot, step left foot back, lady prepping heel to the left
- 4-5-6 Release right hands and raise left hands as lady pivots $\frac{1}{2}$ to the right on left foot stepping right foot forward as man steps right foot back, bringing left hands between you, lady pivots $\frac{1}{4}$ to the right on right foot stepping left foot next to right foot as mans steps left foot in place turning slightly to the left, lady steps right foot in place as man turns slightly left stepping right foot forward--rejoin hands back into sweetheart position now facing 6:00

CROSS STEPS, TOUCHES WITH HOLDS MOVING FORWARD

- 1-2-3 Step left foot forward diagonally right, touch right toe to right side, hold
- 4-5-6 Step right foot forward diagonally left, touch left toe to left side, hold

CROSS STEPS, TOUCHES WITH HOLDS MOVING BACKWARD

- 1-2-3 Step left foot back diagonally right, touch right toe to right side, hold
- 4-5-6 Step right foot back diagonally left, touch left toe to left side, hold

HALF ROLL FORWARD, WALK BACK, BACK BALANCE STEP

- 1-2-3 Release left hands and raise right hands over lady's head as you step left foot forward turning toe to the left, start to lower right hands as you pivot $\frac{1}{2}$ to the left on left foot stepping right foot back, right hands will be joined in the small of man's back as you step left foot back (facing 12:00)

4-5-6 Man will offer left hand palm down and back in front of lady as you step right foot back, lady places left finger tips on man's as you step left foot next to right foot, step right foot forward

HALF ROLL FORWARD, WALK BACK, BACK BALANCE STEP

1-2-3 Release right hands and raise left hands over lady's head as you step left foot forward turning toe to the left, start to lower left hands as you pivot $\frac{1}{2}$ to the left on left foot stepping right foot back, rejoin right hands into sweetheart position as you step left foot back (facing 6:00)

4-5-6 Step right foot back, step left foot next to right foot, step right foot forward

REPEAT
