

Saffron

拍數: 62 牆數: 2 級數: Intermediate
編舞者: Ann Thomson-Buhler (AUS)
音樂: Mellow Yellow - Donovan



FORWARD RIGHT, BACK LEFT, FORWARD RIGHT, FORWARD LEFT, DRAG, FORWARD LEFT, TOUCH

1-2-3&4 Walk forward right-left-right, step back left, step forward right
5-6-7-8 Step forward left, drag right together, step forward left, touch right together

STEP RIGHT, TAP LEFT, STEP LEFT, TAP RIGHT, ¼ TURN, TOUCH, STEP LEFT, TOUCH

1-2-3-4 Step right to right, tap left behind right, step left to left, tap right behind left
5-6-7-8 Step ¼ turn right on right, touch left together, step left to left, touch right together

1-16 Repeat last 16 counts facing 3:00 wall

BACK ¼ TURN, HITCH, PIVOT, SHUFFLE FORWARD ½ TURN, HITCH, TRIPLE STEP

1-2-3&4 Step back right ¼ turn left hitching left, pivot ½ turn left, shuffle back left-right-left
5-6-7&8 Step forward right, hitch left a ½ turn left, triple step left-right-left

ROCK/STEP, ROCK/STEP, TRIPLE STEP, ROCK/STEP, ROCK/STEP, TRIPLE STEP

1-2-3&4 Rock/step forward right, rock/step back left (use hips) keeping right in front of left -- triple step right-left-right
5-6-7&8 Rock/step forward left, rock/step back right (use hips) keeping left in front of right -- triple step left-right-left

BACK ½ TURN, HITCH, TRIPLE STEP, FORWARD ¼ TURN LEFT, STOMP, STOMP

1-2-3&4 Step back right a ½ turn left hitching left, triple step left-right-left
5-6-7-8 Step forward right a ¼ turn left, shift weight left, stomp right, stomp left

FORWARD RIGHT 45 DEGREES, FORWARD LEFT 45 DEGREES, BACK CENTER, BACK CENTER, HEEL SPLITS

1-2-3-4 Step forward right 45 degrees right, step forward left 45 degrees left, step back to center right, step back to center left,
5-6 With weight on balls of both feet, split heels apart, together (take weight on both feet)

REPEAT
