

Safe In The Arms Of Love

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Lynn Dryden (UK)
音樂: Safe In the Arms of Love - Martina McBride



CROSS ROCK, TRIPLE STEP, CROSS ROCK, TRIPLE STEP

1-2 Cross rock right over left and replace
3&4 Triple step on the spot, (right, left, right)
5-6 Cross rock left and replace
7&8 Triple step on the spot.(left, right, left.)

4 DIAGONAL STEPS BACK CLAPPING HANDS

1-2 Step right foot back on right diagonal and touch left to right
3-4 Step left foot back on left diagonal and touch right to left
5-6 Step right foot back on right diagonal and touch left to right
7-8 Step left foot back on left diagonal and touch right to left

TOE, KICK, CROSS, HOLD TWICE

1-2 Right toe kick
3-4 Cross hold
5-6 Left toe kick
7-8 Cross, hold

TWO JAZZ BOXES. (RIGHT FOOT)

1-2 Cross right foot over left, step left foot back
3-4 Step right to right side and close left to right foot
5-6 Cross right over left, step left foot back
7-8 Step right to right side and close left to right foot

FULL MONTEREY TURN

1-2 Point right toe to right side, bring right foot in turning a half turn to right
3-4 Point left toe out and close to right
5-6 Point right toe to right turning half turn to right
7-8 Point left toe out to left and close to right foot

RIGHT CHASSE, ROCK REPLACE. LEFT CHASSE, ROCK REPLACE

1&2 Step right to right side. Close left beside right. Step right to right side
3-4 Cross rock left over right replacing weight on right foot
5&6 Step left to left side. Close right beside left. Step left to left side
7-8 Cross rock right foot over left and replace weight on right

TRIPLE STEP, ROCK FORWARD AND BACK, LEFT SHUFFLE TURNING TO BACK, RIGHT SHUFFLE ½ TURN

1&2 Triple step right, left, right
3-4 Rock forward left and back on to right foot
5&6 Left shuffle back half turn (left, right, left to back)
7&8 Right shuffle forward to complete turn

ROCK FORWARD AND BACK. COASTER STEP. STEP PIVOT ¼ TURN. STOMP, STOMP

1-2 Rock forward on left, rock back on right
3&4 Coaster step, stepping back left, back right, forward left

5-6 Step forward right, pivot ¼ turn to left
7-8 Right stomp, stomp

REPEAT

Dedicated to my Dad Arthur Smith who loved to dance and who died on April 1st 2001.
