

# Saddlebred Swing (P)

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 0      級數: Partner  
編舞者: Susan Brooks (USA)  
音樂: Any Medium Tempo Swing about 130 BPM



**Position: Start in Side by Side position**

## LADIES' STEPS

### WEST COAST BASIC WITH TWO STEPS FORWARD

1-2            Step right forward, left  
3-4            Tap right next to left step back right  
5&6           Step left back, (&)right, step left forward  
7-8            Step right forward, left

### EAST COAST SWING BASIC

**Hands will be left over right**

1&2            ¼ turn to right-right-left-right  
3&4            ½ turn to right left-right-left facing inside LOD  
5-6            Rock back on right forward on left

### EAST COAST BASIC

**Lady ends up behind man**

1&2            ¼ turn right right-left-right  
3&4            In place left-right-left  
5              Rock to right, look at man  
6              Rock to center with left  
7              Step right  
8              Rock to left with left, look at man  
9              Rock to center with right  
10             Step left

### TRIPLE TWO BASIC

**Lady goes under mans right arm into side by side**

1&2            Forward right-left-right  
3&4            Forward left-right-left  
5-6            Step right forward, left

### SHUFFLES FACING, BACK LOD, FACING, FORWARD LOD

**Maintain arm position, this is a progressive movement down LOD**

1&2            Right-left-right ¼ left to face man  
3&4            Left-right-left ¼ left to back LOD  
5&6            Right-left-right ¼ right to face man  
7&8            Left-right-left ¼ right to forward LOD  
9-10          Step right forward, left

### LINDY BASIC TO FACE EACH OTHER AND RETURN TO FORWARD, LOD

1&2            Right-left-right ¼ left to face man  
3-4            Rock back left forward right  
5&6            Left-right-left ¼ right to face LOD  
7-8            Rock back right forward left

**REPEAT**

## **MEN'S STEPS**

### **WEST COAST BASIC WITH TWO STEPS FORWARD**

- 1-2 Step left forward, right
- 3-4 Tap left next to right, step back with left foot
- 5&6 Step back with right, (&)left, step right forward
- 7-8 Step left forward, right

### **EAST COAST SWING BASIC**

**Hands will be left over right**

- 1&2 Turning  $\frac{1}{4}$  to right, left arm over ladies head
- 3&4 Right-left-right in place facing outside LOD
- 5-6 Rock back on left forward on right

### **EAST COAST BASIC**

**Lady ends up behind man**

- 1&2 Left-right-left turns  $\frac{1}{4}$  left, hands over head
- 3&4 Right-left-right in place, hands joined at hips
- 5 Rock to left, look at lady
- 6 Rock to center with right
- 7 Step left
- 8 Rock to right with right, look at lady
- 9 Rock to center with left
- 10 Step right

### **TRIPLE TWO BASIC**

**Lady goes under mans right arm into side by side**

- 1&2 Forward left-right-left
- 3&4 Forward right-left-right
- 5-6 Step left forward, right

### **SHUFFLES FACING, BACK LOD, FACING, FORWARD LOD**

**Maintain arm position, this is a progressive movement down LOD**

- 1&2 Left-right-left  $\frac{1}{4}$  right to face lady
- 3&4 Right-left-right  $\frac{1}{4}$  right to back LOD
- 5&6 Left-right-left  $\frac{1}{4}$  left to face lady
- 7&8 Right-left-right  $\frac{1}{4}$  left to forward LOD
- 9-10 Step left forward, right

### **LINDY BASIC TO FACE EACH OTHER AND RETURN TO FORWARD, LOD**

- 1&2 Left-right-left  $\frac{1}{4}$  right to face lady
- 3-4 Rock back right forward left
- 5&6 Right-left-right  $\frac{1}{4}$  left to face LOD
- 7-8 Rock back left forward right

## **REPEAT**

---