

Saddle Up Your Horse!

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Debi Dillow (USA)
音樂: Saddle Up (Country Style) - David Christie



TRIPLE FORWARD, STEP STEP ½ TURN, HIPS FORWARD BACK FORWARD BACK

1&2 Step right foot forward, step left foot beside right foot, step right foot forward
3-4 Step left foot forward, ½ turn right step right foot in place
5-6 Step left foot forward taking hips forward, shift weight to right foot taking hips back
7-8 Shift weight to left foot taking hips forward, shift weight to right foot taking hips back

TRIPLE FORWARD, STEP STEP ½ TURN, HIPS FORWARD BACK FORWARD BACK

9&10 Step left foot forward, step right foot beside left foot, step left foot forward
11-12 Step right foot forward, ½ turn left step left foot in place
13-14 Step right foot forward taking hips forward, shift weight to left foot taking hips back
15-16 Shift weight to right foot taking hips forward, shift weight to left foot taking hips back

TAP RIGHT FOOT FORWARD, TAP LEFT FOOT FORWARD, TAP RIGHT FOOT FORWARD TWICE, TAP LEFT FOOT FORWARD, TAP RIGHT FOOT FORWARD, TAP LEFT FOOT FORWARD TWICE

17&18 Tap right foot forward, replace weight on right foot & tap left foot forward
&19-20 Step left foot in place & tap right foot forward 2 times
21&22 Tap left foot forward, replace weight on left foot & tap right foot forward
&23-24 Step right foot in place & tap left foot forward 2 times

STEP LEFT & HEEL RIGHT FOOT FORWARD, STEP RIGHT FOOT TOUCH LEFT TOE BACK, STEP LEFT ½ T LEFT TOUCH RIGHT TOE BACK, STEP RIGHT & HEEL LEFT FOOT FORWARD, STEP BACK & BACK TOUCH LEFT TOE

&25 Step left foot in place, place right heel forward
&26 Step right foot in place, touch left toe back
&27 ½ turn left & step left foot in place, touch right toe back
&28 Step right foot in place, place left heel forward
&29 Step left foot back, step right foot back
&30 Step left foot back, step right foot back
&31-32 Step left foot back, step right foot back, touch left toe beside right foot

SHUFFLE LEFT, ROCK STEP, SHUFFLE RIGHT, ROCK STEP, STEP TURN ¼ RIGHT STEP, SAILOR, STEP HOLD, STEP HOLD

33&34 Step left foot to left side, step right foot beside left foot, step left foot to left side
35-36 Rock right foot back, step left foot in place
37&38 Step right foot to right side, step left foot beside right foot, step right foot to right side
39-40 Rock left foot back, step right foot in place
41-42 Step left foot forward, turn ¼ right & step right foot in place
43&44 Step left foot behind right foot, step right foot to right side, step left foot to left front diagonal
45-46 Step right foot to right front diagonal, hold
47-48 Step left foot to left front diagonal, hold

REPEAT