

# Saddle Up And Ride

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jo Thompson Szymanski (USA)  
音樂: Saddle Up - Rick Tippe



The drums play, start counting with the guitar, begin dance after 40 count wait.

## SHUFFLE SIDE, ROCK BACK, STEP, SHUFFLE SIDE, ROCK BACK, STEP

1&2      Step right foot to right side, step together with left, step right foot to right side  
3-4      Rock back with left foot, recover weight forward to right foot  
5&6      Step left foot to left side, step together with right, step left foot to left side  
7-8      Rock back with right foot, recover weight forward to left foot

## SHUFFLE SIDE ¼ TURN, SHUFFLE ½ TURN, STEP, ½ TURN, STOMP, STOMP

1&2      Step right foot to right side, step together with left, turn ¼ left, step back with right foot  
3&4      Turn ¼ left, step left foot to left side, step together with right, turn ¼ left, step forward with left  
5-6      Step forward with right foot, turn ½ left shifting weight to left foot  
7-8      Stomp right foot beside left, stomp left foot beside right

Option: As an easier variation for counts 1-4, side shuffle right to right side, ¼ turn right, shuffle forward with left, then continue as normal for counts 5-8

## ROCK, STEP, & HEEL, & HEEL, & ROCK, STEP, & HEEL, & HEEL &

1-2      Rock forward with right foot, recover weight back to left foot  
&3      Step right foot beside left, touch left heel forward  
&4      Step left foot beside right, touch right heel forward  
&      Step right foot beside left  
5-6      Rock forward with left foot, recover weight back to right foot  
&7      Step left foot beside right, touch right heel forward  
&8      Step right foot beside left, touch left heel forward  
&      Step left foot beside right

Option: As an easier variation for counts 1-8, you can do rock step, coaster step, rock step, coaster step.

## GALLOP FORWARD, STOMP, HEELS WITH ¼ TURN, HEELS WITH ¼ TURN, CLAP

1&      Small step forward with right foot, step together with left  
2&      Small step forward with right foot, step together with left  
3&      Small step forward with right foot, step together with left  
4      Small step forward with right foot  
5      Stomp forward with left foot  
6      Leaving balls of feet where they are, turn ¼ right dropping both heels down  
7      Leaving balls of feet where they are, turn ¼ right dropping both heels down  
8      Clap

REPEAT