

# Saddle Up

**COPPER KNOB**  
BY STEPHEN

拍數: 0                      牆數: 2                      級數: Intermediate/Advanced  
編舞者: Alan Birchall (UK)  
音樂: Save a Horse (Ride a Cowboy) - Big & Rich



Sequence: AB, AB, AA, AB & 16 counts  
Instead of air guitars, we have air drums. Use them!

## PART A

### WALK FORWARD, KICK BALL TOUCH, TWIST ½ TURN, ¼ SAILOR TURN, POINT

1-2                      Walk forward right, left  
3&4                      Kick right foot forward, step right by left, touch left toe back (moving slightly backwards)  
5                          Dipping down slightly twist ½ turn to left (6:00)  
6&7                      Cross left behind right, step right to right making ¼ turn left, step left in place (3:00)  
8                          Point right to right

### STEP, POINT, ½ TURN, CROSS, SIDE, TOGETHER, POINT, CROSS, BACK, SIDE, CROSS

&9-10                      Step right by left, point left to left, make ½ turn left bringing left by right (9:00)  
11-12                      Cross right over left, step left to left  
&13                          Step right by left, point left to left  
14                          Cross left over right  
15&16                      Step back on right, step left to left, cross left over right

### TWIST ¼ TURN, KICK BALL STEP, MAMBO, ½ SHUFFLE TURN

17&18                      Twist heel right, left, right, making ¼ turn left (6:00)  
19&20                      Kick right foot forward, step right by left, step forward on left  
21&22                      Rock forward on right, recover on left, step back on right foot  
23&24                      Make ½ shuffle turn left stepping left, right, left

### CROSS, BACK, SYNCOPATED WEAVE, ¼ TURN, STEP, ½ PIVOT, STEP

25-26                      Cross right over left, step back on left  
&27                          Step right by left, cross left over right  
&28                          Step right to right, cross left behind right  
29                          Making ¼ turn right step forward on right (3:00)  
30-31                      Step forward on left, ½ pivot right (9:00)  
32                          Step left by right

## PART B

### SCUFF, HITCH, STEP TWICE, CHUG FORWARD

1&2                          Scuff right by left, hitch right, step right to right  
3&4                          Scuff left by right, hitch left, step left to left  
5-6                          Legs should be bowed as if astride a saddle chug forward

**Arms out to front as if riding a horse**

7-8                          Chug forward

**Arms out to front as if riding a horse**

### SAILOR STEP, BEHIND, SIDE, CROSS, PADDLE TURNS WITH HIP BUMPS

9&10                      Cross right, behind left, step left to left, step right by left  
11&12                      Cross left behind right, step right to right, cross right over left

**The following hip bumps are to be done with attitude**

13&                          Making 1/8th turn left touch right to side pushing right hip out, bump hip to left  
14&                          Making 1/8th turn left touch right to side pushing right hip out, bump hip to left (6:00)

- 15& Making ¼ turn left touch right to side pushing right hip out, bump hip to left (3:00)  
16 Making ¼ turn left touch right to side pushing right hip out (12:00)

### **HEEL JACK, STEP, CROSS, SHUFFLE, HEEL JACK, HEEL SWITCH, STEP, ½ PIVOT**

- &17 Step right to right, cross left over right  
&18 Step diagonally back on right, extend left heel to diagonal  
&19 Step left by right, cross right over left  
&20 Step left to left, cross right over left  
&21 Step diagonally back on left, extend right heel forward  
&22 Step right by left, touch left heel forward  
&23-24 Step left by right, step forward on right, ½ pivot left (6:00)

### **SCUFF, HITCH, STOMP, HOLD HIP BUMPS, WALK**

- 25 Step forward on right  
26&27 Scuff, hitch left past right, stomp forward with left

#### **"Save a horse"**

- 28 Hold  
29&30 Bump hips left, left, left - with attitude

#### **"Ride a cowboy"**

- 31-32 Step forward on right, step forward on left

### **SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK**

- 33&34 Scuff, hitch right past left, stomp forward with right  
35-36 Hold

#### **"Save a horse"**

- 37&38 Bump hips right, right - with attitude

#### **"Ride a cowboy"**

- 39-40 Walk forward right, left

### **End of Part B**

### **ENDING**

**At the end of the song there are extra counts. Add this tag**

### **WALK, SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK, SCUFF, HITCH, STOMP. HOLD, POSE**

- 1&2 Scuff, hitch right past left, stomp forward with right  
3-4 Hold

#### **"Save a horse"**

- 5&6 Bump hips right, right - with attitude

#### **"Ride a cowboy"**

- 7-8 Walk forward right, left  
9&10 Scuff, hitch right past left, stomp forward with right  
11-12 Hold

#### **"Save a horse"**

- 13-16 Hip roll & pose - with attitude

#### **"Ride a cowboy"**

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