

The Saddle Slap

拍數: 40 牆數: 0 級數:
編舞者: Barry Amato (USA)
音樂: A Little Less Talk and a Lot More Action - Toby Keith



- 1 Touch left heel out to the side
- & Bring left foot back in place next to the right
- 2 Touch right heel out to the side
- & Bring right foot back in place next to the left
- 3 Touch left heel forward
- & Bring left foot back in place next to the right
- 4 Touch right toe straight back
- 5 Touch right heel out to the side
- & Bring right foot back in place next to the left
- 6 Touch left heel out to the side
- & Bring left foot back in place next to the right
- 7 Touch right heel out in front
- & Bring right foot back in place next to the left
- 8 Touch left toe straight back

GRAPEVINE TRAVELING FORWARD

Take two small steps on the next two sets

- 1 Step out on the left foot
- 2 Slide the right foot behind the left foot
- 3 Step out on the left foot again
- 4 Stomp the right foot in place (place your weight on the right)
- 5 Step out on the left foot
- 6 Slide the right foot behind the left foot
- 7 Step forward on the left foot
- & Hop forward on the right foot
- 8 Hop forward on the right foot again

CONTINUING TO TRAVEL FORWARD

Keep taking small steps

- 1 Step forward on the left foot
 - 2 Slide forward on the left foot while lifting right foot out in front
 - 3 Step forward on the right foot
 - 4 Slide forward on the right foot while lifting left foot out in front
 - 5 Rock back on the left foot with right foot straight in front on the heel
 - 6 Rock forward switching weight to the right foot
 - 7&8 You will do a 1 ½ turn toward the left, while doing a 3-step turn (stepping left-right-left) and end up facing the opposite wall
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- 1 Step forward on the right foot (taking small steps)
 - 2 Slide forward on the right foot while lifting left foot out in front
 - 3 Rock back on the left foot with right foot straight in front on heel
 - 4 Rock forward switching weight to the right foot
 - 5&6 This time you will do a 1 ¼ turn to the left (stepping left-right-left). You will end up facing ¼ turn toward the left from your last position
 - 7 Slap the right foot over the left foot on the floor
 - 8 Slap the right foot out to the right side (on the floor)

- 1 Traveling right -- step out on the right side while slapping your hands across your legs toward the outside
- & Bring the left foot together with The right
- 2 Step out on the right again while slapping across your legs toward the inside
- 3 While turning $\frac{1}{2}$ turn on the ball of the right foot -- step out on the left foot (slapping your legs toward the outside again).
- & Bring the right foot together with The left
- 4 Step out on the left foot again while slapping hands across your legs toward the outside
- 5 Turning toward the right (you will end up making a full turn) -- step on the right
- & Continue to turn -- while hitting your left toe on the floor
- 6 Continue to turn -- step on the left foot
- & Continue to turn -- while hitting your right toe on the floor
- 7 Step on the right foot (this completes your full turn)
- 8 Hop forward on both feet

REPEAT
