

# Saddle Rack-N-Roll

拍數: 48      牆數: 2      級數: Improver  
編舞者: Rita Archer (USA)  
音樂: She Wants to Rock - The Warren Brothers



## POINT RIGHT, POINT LEFT, (ELVIS) KNEE SWAYS, HOLD

1-2      Right point forward, step right next to left  
3-4      Left point side, step left next to right  
5-6      Right point side, sway bent knees to left  
7-8      Sway bent knees to right (transfer weight to right), hold

## SHUFFLE, BACK SLIDE, HOP, HOP

9-10      Left forward, right together  
11-12      Left forward, right together touch  
13-14      Right back, left slide back to right  
15-16      Hop, hop

## LEFT HEEL HOOK, RIGHT ¼ TURN, KNEE UP, STOMP, STOMP

17-18      Left heel forward, left heel hook  
19-20      Left heel forward, right qtr turn (weight still on right)  
21-22      Left heel forward, left knee up  
23-24      Left stomp, left stomp/step

## RIGHT HEEL HOOK, LEFT ¼ TURN, KNEE UP, STOMP, STOMP

25-26      Right heel forward, right heel hook  
27-28      Right heel forward, left qtr turn (weight still on left)  
29-30      Right heel forward, right knee up  
31-32      Right stomp, right stomp/step

## LEFT TOE HEEL, LEFT ¼ TURN, LEFT ¼ TURN, RIGHT TOE HEEL

33-34      Left toe, snap heel down  
35-36      Right forward, left qtr turn  
37-38      Right forward, left qtr turn  
39-40      Right toe, snap heel down

## SIDE STEP & SHIMMEY, STEP OUT, HIP ROLL

41-44      Left side step (shimmy) right together step  
&45-46      Jump-left out to side, right out to side, hold  
47-48      Hip roll (left, back, right, front)

## REPEAT

After completing the first 48 counts of "She wants to Rock" ONLY, there is a 16-count break (one time ONLY) before you repeat the dance. The break is as follows:

1-2      Right toe, snap heel down  
3-4      Left toe, snap heel down  
5-6      Right forward, left qtr turn  
7-8      Right forward, left qtr turn  
9-16      Repeat 1-8