

Sad Songs

拍數: 32 牆數: 4 級數: Improver
編舞者: John Dowling (UK)
音樂: Sad Songs (Say So Much) - Elton John



RIGHT SIDE ROCK, RECOVER, CROSSING SHUFFLE LEFT, 2 X ¼ TURN RIGHT, LEFT CHASSE

1-2 Rock step right to side, recover weight onto left
3&4 Crossing shuffle left stepping right over left, left to side, right over left
5-6 ¼ turn right stepping back on right, ¼ turn right stepping right to side (pivot on left)
7&8 Chasse to the left stepping left, right, left

BEHIND ROCK, KICK-BALL-CROSS, MODIFIED WEAVE RIGHT

1-2 Rock step right behind left, recover weight forward onto left
3&4 Kick right forward, touch right foot down on ball of foot, cross step left over right
5-6 Step right to side, cross step left behind right and... side, behind and right
&7-8 Touch right slightly back and cross step left over right, step right to side rocking weight on right

¼ TURN LEFT STEPPING LEFT-RIGHT, LEFT SHUFFLE, RIGHT SHUFFLE ½ TURN LEFT, ROCK BACK RECOVER

1-2 Make a ¼ turn left stepping forward left, right
3&4 Shuffle forward stepping left, right, left
5&6 Make a ½ turn left and step back on right, slide left next to right, step back on right
7-8 Rock step back on left, recover weight forward onto right

STEP HOLD, RIGHT SHUFFLE, STEP ½ TURN RIGHT, LEFT SHUFFLE

1-2 Step forward on left, hold
3&4 Shuffle forward stepping right, left, right
5-6 Step left forward, pivot ½ turn right step, ½ turn
7&8 Shuffle forward stepping left, right, left

REPEAT
