

Sad Songs

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Bob Sykes (AUS)
音樂: Sad Songs (Say So Much) - Elton John



ROCK RIGHT AT RIGHT DIAGONAL, RECOVER & STEP RIGHT BESIDE LEFT, REPEAT ON LEFT, FORWARD, BACK, RIGHT COASTER

1-2- Rock forward onto right foot to right diagonal, recover onto left
&3-4 Step right beside left (&), rock forward onto left foot to left diagonal, recover onto right
&5-6 Step left beside right (&), rock forward onto right, recover onto left
7&8 Step right back, step left beside right, step right forward (right coaster step)

LEFT HEEL, & RIGHT HEEL, & STEP, PIVOT, STEP, 2 LEFT HEEL JACKS

9&10 Touch left heel forward, step left beside right, touch right heel forward
&11&12 Step onto right beside left, step left forward, pivot ½ right (weight on right), step left forward
&13&14 Step right back, touch left heel forward, step onto left beside right, touch right toe beside left
&15&16 Step right back, touch left heel forward, step onto left beside right, touch right toe beside left

STEP, ROCK & CROSS, STEP, STEP, ROCK & CROSS, STEP

17-18 Step right to right, recover onto left
&19-20 Step right beside left, step left across in front of right, step right to right
21-22 Step left to left, recover onto right
&23-24 Step left beside right, step right across in front of left, step left to left

RIGHT TOE BACK, TURN ¼ BACK RIGHT, LEFT TOE BACK, TURN ¼ BACK LEFT

25&26 (On ball of left) touch right toe back (use it to pull body ¼ right), step left heel down(&), step onto right beside left
27&28 (On ball of right) touch left toe back (use it to pull body ¼ left), step right heel down (&), step onto left beside right

After these two ¼ turns you will be facing the wall where you started them from

RIGHT COASTER STEP, LEFT SHUFFLE FORWARD

29&30 Step right back, step left beside right, step right forward (right coaster step)
31&32 Shuffle forward, left-right-left

¼ TURN LEFT, SYNCOPATED GRAPEVINE LEFT, ¼ TURN LEFT

33-34 Step right forward, pivot ¼ left, (weight on left)
35&36 Step right across left, step left to side, step right behind left
&37-38 Step left to side, step right across left, step left to side
39-40 Step right behind left, turning ¼ left, step left forward

¼ TURN LEFT, SYNCOPATED GRAPEVINE LEFT, ¼ TURN LEFT

41-42 Step right forward, pivot ¼ left, (weight on left)
43&44 Step right across left, step left to side, step right behind left
&45-46 Step left to side, step right across left, step left to side
47-48 Step right behind left, turning ¼ left, step left forward

FORWARD, BACK, ½ TURN CHA-CHA RIGHT, FORWARD, BACK, ½ TURN CHA-CHA LEFT

49-50 Step right forward, recover onto left
51&52 Cha-cha ½ turn right (stepping right-left-right)
53-54 Step left forward, recover onto right
55&56 Cha-cha ½ turn left (stepping left-right-left)

FORWARD, BACK & SHUFFLE FORWARD

57-58& Step right forward, recover onto left, step right beside left (&)

59&60 Shuffle forward, left-right-left

RIGHT ROCKING CHAIR

61-62 Step right forward, recover onto left

63-64 Step right back, recover onto left

REPEAT
