

# Sad Cha Cha (P)

拍數: 64      牆數: 2      級數: partner dance  
編舞者: Dan Testa (USA)  
音樂: Sad Situation - Asia



**Position: Start in closed position. All couples should be facing the same direction**

- 1            **MAN:** (First pattern only) step left in place  
              **LADY:** (First pattern only) step right in place
- 2-3            **MAN:** Rock back right, rock forward left  
              **LADY:** Rock forward left, rock back right
- 4&5            **MAN:** Step forward right, step left next to right, step forward right  
**These are small steps with hip action (Cuban motion). This will be called a cha-cha in the rest of the description**  
              **LADY:** Step back left, step right next to left, step back left (see comment above)

## LADY TURNS

- 6-7            **MAN:** Rock forward left, rock back right  
              **LADY:** Full turn to right stepping right, left  
**Man should lift his left arm and lead lady to turn under it**
- 8&9            **MAN:** Cha-cha back left-right-left  
              **LADY:** Cha-cha forward right-left-right (returning to closed position)

## SWITCH SIDES BY DOING A HALF TURN ON THE CHA-CHA-CHA

- 10-11            **MAN:** Rock back right, rock forward left  
              **LADY:** Rock forward left, rock back right
- 12&13            **MAN:** Do a cha-cha forward right-left-right turning ½ left  
              **LADY:** Do a cha-cha left-right-left turning ½ left  
**Stay in closed position on the turn. Man: should take larger steps to get around the lady.**

- 14-15            **MAN:** Rock back left, rock forward right  
              **LADY:** Rock forward right, rock back left
- 16&17            **MAN:** Cha-cha forward left-right-left  
              **LADY:** Cha-cha back right-left-right
- 18-19            **MAN:** Rock forward right, rock back left  
              **LADY:** Rock back left, rock forward right
- 20&21            **MAN:** Cha-cha back right-left-right  
              **LADY:** Cha-cha forward left-right-left

## MAN TURNS

- 22-23            **MAN:** Full turn to left stepping left, right  
              **LADY:** Rock forward right, rock back left
- 24&25            **MAN:** Cha-cha forward left-right-left  
              **LADY:** Cha-cha back right-left-right (return to closed)

## FOUR ADDITIONAL CHA-CHAS

- 26&27            **MAN:** Cha-cha forward right-left-right  
              **LADY:** Cha-cha back left-right-left
- 28&29            **MAN:** Cha-cha forward left-right-left  
              **LADY:** Cha-cha back right-left-right while turning ½ right
- 30&31            **MAN:** Cha-cha forward right-left-right

**LADY:** Cha-cha forward left-right-left while turning ½ right

**In counts 28-31, the lady turns under the man's left arm. The man takes the lady's left hand with his right hand going into open position.**

32&33 **MAN:** Cha-cha forward left-right-left

**LADY:** Cha-cha back right-left-right

**Man drops left hand and lady drops right hand**

### **TWO NEW YORKERS (CROSSING ROCK STEPS)**

34-35 **MAN:** Rock right crossing in front, recover left in place

**LADY:** Rock left crossing in front, recover right in place

36&37 **MAN:** Cha-cha in place right-left-right

**LADY:** Cha-cha in place left-right-left

**Man takes lady's right hand with his left while dropping his right hand and lady's left**

38-39 **MAN:** Rock left crossing in front, recover right in place

**LADY:** Rock right crossing in front, recover left in place

40&41 **MAN:** Cha-cha in place left-right-left

**LADY:** Cha-cha in place right-left-right

42-43 **MAN:** Rock back right, rock forward left

**LADY:** Rock forward left, rock back right

**Go back into closed position on these counts**

44&45 **MAN:** Cha-cha forward right-left-right

**LADY:** Cha-cha back left-right-left

### **MAN'S INSIDE UNDERARM TURN**

46-47 **MAN:** Step forward left, pivot ½ toward right (lift left arm and turn under it)

**LADY:** Rock back right, rock forward left

48&49 **MAN:** Cha-cha forward left-right-left while turning ½ right

**LADY:** Cha-cha forward right-left-right

### **LADY'S INSIDE UNDERARM TURN**

50-51 **MAN:** Rock back right, rock forward left (lift left arm for lady to turn under)

**LADY:** Step forward left, pivot ½ toward right (turning under your right arm)

52&53 **MAN:** Cha-cha forward right-left-right

**LADY:** Cha-cha forward left-right-left while turning ½ right

54-55 **MAN:** Rock forward left, rock back right

**LADY:** Rock back right, rock forward left

56&57 **MAN:** Cha-cha back left-right-left

**LADY:** Cha-cha forward right-left-right

### **FOUR ADDITIONAL CHA-CHAS**

58&59 **MAN:** Cha-cha back right-left-right

**LADY:** Cha-cha forward left-right-left

60&61 **MAN:** Cha-cha back left-right-left while turning ½ left

**LADY:** Cha-cha forward right-left-right

62&63 **MAN:** Cha-cha forward right-left-right while turning ½ left

**LADY:** Cha-cha forward left-right-left

64&1 **MAN:** Cha-cha back left-right-left

**LADY:** Cha-cha forward right-left-right

**When you repeat, start from count 2**

**REPEAT**

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