

S-B Prom

拍數: 0 牆數: 2 級數: Intermediate
編舞者: John "Growler" Rowell (UK)
音樂: Pecos Promenade - Sharon B



Sequence: AAB, TAG, AAB, A (counts 1-16), ENDING

SECTION A

TOE, HEEL STOMPS, COASTER STEP, TOE, HEEL STOMPS, BEHIND-SIDE-CROSS

1&2 Touch right toe to left instep, stomp right heel to left instep, stomp right heel to left instep
3&4 Step right back, step left next to right, step right forward
5&6 Touch left toe to right instep, stomp left heel to right instep, stomp left heel to right instep
7&8 Cross left behind right, step right to right, cross left in front of right

RIGHT, TOGETHER, RIGHT-TOGETHER-ROCK, LEFT, TOGETHER, LEFT-TOGETHER-TURN

9-10 Step right to right, slide left next to right
11&12 Step right to right, step left next to right, rock right to right
13-14 Step left to left, slide right next to left
15&16 Step left to left, step right next to left, step left quarter turn left

CROSS RIGHT, BACK LEFT, BACK-LOCK-STEP, BACK LEFT, ROCK RIGHT, STEP-CROSS-TURN

17-18 Cross right over front of left, step back left
19&20 Step back right, lock left over front of right, step back right
21-22 Step back left, rock right to right
23&24 Step left to left, cross right over front of left, step left quarter turn left

KICK RIGHT, BACK RIGHT, BACK-LOCK-TURN, POINT, CROSS, SIDE-BEHIND-STEP

25-26 Kick right forward, step right back
27&28 Lock left over front of right, step back right, pivot half turn left on ball of right stepping forward left
29-30 Point right to right, step right across front of left
31&32 Step left to left, cross right behind left, step left to left

SECTION B

STOMP RIGHT, KICK RIGHT, BACK SHUFFLE, OUT-OUT-IN, RIGHT HEEL, TOE

1-2 Stomp right next to left, kick right forward
3&4 Step back right, step left next to right, step back right
5&6 Step left to left, step right to right, step left forward to center
7-8 Tap right heel forward, point right toe back

½ PIVOT, KICK RIGHT, BEHIND-SIDE-CROSS, SIDE-BEHIND-SIDE, CROSS ROCK, RECOVER ¼ TURN

9-10 Pivot half turn right (keeping weight on left), kick right forward
11&12 Step right behind left, step left to left, step right over front of left
13&14 Step left to left, cross right behind left, step left to left
15-16 Cross rock right over left, recover left making quarter turn left

RIGHT BACK-LOCK-STEP, LEFT BEHIND, UNWIND, ROCK RIGHT, RECOVER, SCUFF-SCOOT-STOMP

17&18 Step back right, lock left over front of right, step back right
19-20 Cross left behind right, unwind half turn left
21-22 Rock right to right, recover left
23&24 Scuff right across left, small scoot left on left, stomp right across left

STEP LEFT-BEHIND-POINT, CROSS LEFT-TURN-STEP, CROSS RIGHT, FULL UNWIND, ROCK & CROSS

25&26	Step left to left, step right behind left, point left to left
27&28	Cross left over front of right, step right quarter turn left, step left to left
29-30	Cross right over left, unwind full turn left (taking weight on right)
31&32	Rock left to left, recover on right, cross left over right

TAG

SYNCOPATED WEAVE RIGHT & TAP LEFT, STEP LEFT-BEHIND-TURN, CROSS RIGHT, $\frac{3}{4}$ UNWIND, ROCK & CROSS

1&2&	Step right to right, step left behind right, step right to right, step left in front of right
3&4&	Step right to right, step left behind right, step right to right, tap left toe behind right
5&6	Step left to left, cross right behind left, step left quarter turn left
7-8	Cross right over front of left, unwind three-quarter turn left (taking weight on right)
9&10	Rock left to left, recover on right, cross left over right

ENDING

Cross right over left and slowly unwind three-quarter turn left to face the front and kick left forward
