

S'est La Vie

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Warren Mitchell (AUS)
音樂: C'est La Vie - B*Witched



RIVER DANCE / CLOGGER'S STEPS

1&2& Right scuff forward, right step, left scuff forward, left step
3&4& Right scuff forward, right brush up in front of left knee, right scuff forward, right step
5&6& Left scuff forward, left step, right scuff forward, right step
7&8& Left scuff forward, left brush up in front of right knee, left scuff forward, left step

RAP STEPS FORWARD RIGHT & LEFT & CHA-CHA, LEFT & RIGHT & CHA-CHA

1& Right step forward, hitch left leg hopping back on right foot
2& Left step forward, hitch right leg hopping back on left foot
3&4 Cha-cha - right, left, right (right foot slightly forward on this step)
5& Left step forward, hitch right leg hopping back on left foot
6& Right step forward, hitch left leg hopping back on right foot
7&8 Cha-cha - left, right, left (left foot slightly forward on this step)

STEP BEHIND, STEP IN FRONT, SIDE ROCKS, ½ TURN RIGHT

&1-2 Right step behind left, left step in front, step right to right
&3-4 Step left to left, right step in front of left, step left to left
&5-6 Step right to right, left step in front of right, point right to right
7-8 Right tap behind left, unwind ½ right (end up with weight on right)

SHUFFLE ACROSS, SHUFFLE FORWARD

1&2 Left shuffle across right, left, right, left
&3&4 Hitch right leg turning ¼ left, shuffle forward right, left, right

PIVOT ½, CHA-CHA - TURNING ¾ RIGHT

1-2 Left step forward pivoting ½ right
3&4 Cha-cha - left, right, left turning ¾ right

REPEAT

TAG

When facing the 7th wall (facing the front for the 4th time) the music will change. Here you will need to do the first two steps which are the scuffs (four beats) twice to fit the with the music. Then start the dance as normal.