

S Club Party

COPPERKNOB
STEPSHEETS

拍數: 0 牆數: 0 級數:
編舞者: Jackie Jensen (UK) & Laura Rogers
音樂: S Club Party - S Club 7



Sequence: AA, BB, AA, C, BB, AA CC, BB, Then do A to end of music

PART A

STEP TAPS, 4 SKATES

- 1-2 Step right to right side, tap left next to right
3-4 Step left to left side, tap right next to left
5-6-7-8 Slide right diagonally forward right, slide left diagonally forward left, repeat to right & left again
(you are doing these skating type movements towards the right & left corners)

HEEL DIGS, JUMP CROSS BOUNCE HEELS UNWIND ½ LEFT

- 1-2 Dig right heel forward, replace
3-4 Dig left heel forward, replace
5 Jump feet apart out to each side
6 Jump feet back in crossing right over left
7&8 Make ½ turn left doing 3 heel bounces to unwind

PART B

RIGHT KICK HOOK SHUFFLE, LEFT KICK HOOK ¼ TURN LEFT SHUFFLE

- 1 Kick right across left to left corner
2 Hook right across left & angle body to face right corner
3&4 Shuffle forward on right towards right corner
5 Lick left across right to right corner
6 Hook left across right & make a ¼ turn left (this is a ¼ turn as though you were facing the home wall straight on so you will face the side wall straight on)
7&8 Shuffle forward on left

PIVOT TURNS, TOE HEEL TAPS

- 1-2 Step forward on right, ½ turn left
3-4 Step forward on right, ½ turn left (try to roll hips to the right to add more style)
5& Dig right heel forward, replace
6& Touch left toe back, replace
7& Touch right toe out to right side, replace
8& Touch left toe out to left side, replace, at same time hitch right knee & punch right fist in air

PART C

HITCH, SKATE, HITCH, HEELS OUT & IN WITH ARMS, "DON'T CARE", HITCHES & THUMB IT

- 1&2 Tap right in place, hitch right knee, replace
Arms: as you bring knee down & up mirror movement with right arm by bringing arm down & punching fist in the air with the elbow bent
3-4 Skate right to right diagonally forward, skate left to left diagonally forward
Arms: wave both arms in air right then left
&5-6 Hitch right knee & punch right fist in air, repeat counts 1&2
7-8 Slightly bend knees & splits heels, bring heels in & split toes to face center (try to do this traveling to the right, i, e, apple jacks, alternative, swivel heels right, toes center)
Arms: mirror feet with arms, arms down by side bent at elbow so that hands are out in front, as heels split bring arms out to sides with palms outwards. As toes go out bring arms in bent at elbow so that left fist is in front of left shoulder & right fist is in front of right shoulder
&9-10 For & hitch right knee & punch right fist in air, repeat counts 1&2

- 11-12 Feet in place wave right thumb over right shoulder twice as though hitching a lift!! (bump hips right, left, right)
- &13-14 Hitch left knee & punch left fist in air, repeat counts 1&2 but using left knee instead of the right
- 15-16 Repeat counts 11-12 but using left hand instead of right (bump hips left, right, left)
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