

Rush'n The Blues

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate west coast swing
編舞者: Bill Ray (USA)
音樂: You Don't Have to Go - Otis Rush



WALK FORWARD LEFT & RIGHT, BACK TOE TOUCH, STEP BACK, SYNCOPATED TOE POINTS FORWARD (2X)

1-2 Walk forward left, right
3-4 Touch left toe behind left, step left back
&5-6 Step right next to left, point left toe forward, hold
&7-8 Step left next to right, point right toe forward, hold

¼ TURN LEFT, LEFT CHASSE' WITH ¼ TURN LEFT, ROCKING CHAIR FORWARD & BACK

1-2 Step right forward, pivot ¼ turn left on right holding weight on right and touching left beside right
3&4 Step left on left, step right beside left, turn ¼ turn left on right stepping forward on left
5-6 Rock forward on right, recover center on left
7-8 Rock back on right, recover center on left

STEP RIGHT, DRAG, CROSS, RECOVER, SYNCOPATED ¼ TURN LEFT, ¼ TURN LEFT, TOUCH

1-2 Step right on right, drag left to right leaving weight on right
3-4 Cross left over right, recover on right
&5-6 Step left beside right, step forward on right, pivot ¼ left shifting weight to left
7-8 Turn ¼ left on left stepping right on right, touch left beside right

ROCK FORWARD, RECOVER, SYNCOPATED HEEL TAP-TOUCH, ROCK FORWARD, RECOVER, SYNCOPATED HEEL TAP-TOUCH

1-2 Rock forward on left, recover on right
&3&4 Step left foot beside right, tap right heel forward, step right foot beside left, touch left beside right
5-6 Rock forward on left, recover on right
&7&8 Step left foot beside right, tap right heel forward, step right foot beside left, touch left beside right

STEP LEFT, HOLD, CROSS BEHIND, HOLD, COASTER STEP FORWARD, ¼ TURN RIGHT & TRIPLE STEP FORWARD

1-2 Step left on left, hold
3-4 Cross right behind left, hold
5&6 Step left beside right, step right beside left, step forward on left
7&8 Pivot ¼ turn right on left stepping forward on right, step left beside right, step forward on right

STEP FORWARD LEFT, TOUCH, CROSS-ROCK, RECOVER, RONDE' SWEEP, SYNCOPATED STEP FORWARD, TOUCH

1-2 Step forward on left, touch right beside left
3-4 Cross rock right over left, recover on left
5-6 Sweep right around from front to back, step right behind left
&7-8 Step down on left, step forward on right, touch left beside right

REPEAT