

Running Up That Hill

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Christopher Parsons (UK)
音樂: Running Up That Hill - Kate Bush



CROSS ROCK, CHASSE RIGHT, ½ TURN RIGHT-CHASSE LEFT, BACK ROCK

1-2 Cross right over left, recover weight onto left
3&4 Step right foot to right side, close left next to right, step right to right
5&6 ½ turn right stepping left to left, close right next to left, step left to left
7-8 Step right foot back, recover weight onto left

SIDE, BEHIND, ¼ RIGHT, ¼ RIGHT, BEHIND, KICK, LEFT SAILOR

1-2 Step right foot to right side, cross left behind right
3-4 ¼ turn right stepping right foot forward, ¼ turn right stepping left to left
5-6 Cross right behind left, kick left diagonally forward left
7&8 Cross left behind right, step right next to left, step left in place

CROSS, ROCK & CROSS, SIDE-DRAG, SYNCOPATED WEAVE

1 Cross right over left
2&3 Step left foot to left side, recover weight onto right, cross left over right
4-5 Step right foot to right side, drag left up to right
6&7 Cross left behind right, step right next to left, cross left over right

KICK-FLICK ¼ LEFT, SYNCOPATED BACK ROCK, STEP ½ LEFT & TOUCH

1-2 Kick right foot diagonally forward right, flick right back making ¼ turn left
3& Step right foot back, recover weight onto left
4&5 Step right foot forward, pivot ½ turn left, touch right next to left

CROSS, SIDE, BEHIND & HEEL-TOE-TURN ¼ RIGHT, LEFT SHUFFLE

1 Cross right over left
2-3 Step left foot to left side, cross right behind left
& Step left foot slightly back
4&5 Press right heel forward, touch right toe next to left, ¼ turn right stepping onto right
6&7 Step left foot forward, close right next to left, step left foot forward

HEEL-TOE-TURN, STEP SLIDE, LEFT SHUFFLE

1&2 Press right heel forward, touch right toe next to left, ¼ turn right stepping onto right
3& Step left foot forward, slide right up to left
4&5 Step left foot forward, close right next to left, step left foot forward

REPEAT
