

# Runnin' Hot

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Roger Rod (USA)  
音樂: Poor Boy Shuffle - The Tractors



## ROCK STEP, ¼ TURN RIGHT, BACK STEP, ¼ TURN RIGHT

- 1            Rock back on right foot
- 2            Step forward on left foot
- 3-4        Step forward on right foot and turn ¼ turn to right side, hold for count 4
- 5-6        Step forward on left foot, step back on right foot
- 7&        Step back on left foot, turn ¼ turn right and step forward on right foot
- 8            Step forward on left foot (now facing ½ turn from starting wall)

## RIGHT FOOT KICKS, ½ TURNING RIGHT SHUFFLE, SIDE SHUFFLE, DOUBLE FOOT STOMP

- 1-2        Kick right foot forward, kick right foot to right side
- 3&4        Turning shuffle ½ turn to the right, (stepping right-left-right)
- 5&6        Shuffle to the right side, (left-right-left)
- 7-8        Stomp right foot twice next to left (you should now be facing original starting wall)

## ¼ RIGHT & HOLD, FORWARD STEP, STEP BACK & ½ LEFT, SHUFFLE FORWARD

- 1-2        Turn ¼ turn right and step forward on right foot, hold for count 2
- 3-4        Step left foot in front of right, hold for count 4
- 5-6        Step back on right foot and turn ½ turn left, step forward on left foot
- 7&8        Shuffle forward on right foot, shuffle forward left foot behind right, shuffle forward right

**You should now be ¼ turn left from starting wall**

## STEP FORWARD LEFT, ROCK BACK, COASTER STEP BACK, TOUCHES RIGHT & LEFT

- 1-2        Step forward on left foot, rock back onto right foot
- 3            (Coaster step) step back on left foot
- &            Step back on right foot
- 4            Step forward on left foot
- 5-6        Touch right foot to right side, step right foot next to left
- 7-8        Touch left foot to left side, step left foot next to right

**REPEAT**

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