Runaround Sue

拍數: 32 **牆數:** 4 **級數:** Intermediate

編舞者: Mark Cosenza (USA) & Glen Pospieszny (USA)

音樂: Runaround Sue - Leif Garrett

STEP RIGHT LOCK STEP, STEP LEFT LOCK STEP, KICK & TOUCH, SHUFFLE LEFT, RIGHT, LEFT

1&2	Step right (diagonally), lock left behind, step right (diagonally)
3&4	Step left (diagonally), lock right behind, step left (diagonally)
5&6	Kick right, recover weight onto right, touch left toe back
7&8	Shuffle forward left, right, left

CROSSOVER RIGHT STEP BACK, CROSSOVER LEFT STEP SIDE RIGHT

1-2	Cross right over left (body angled diagonally left and moving back), step back left
&3	Facing front, step side right, cross left over right
4	Step side right

KNEE BENDS LEFT, HANDS UP AND DOWN TWICE

5	Bend knees to the left and raise hands up diagonally over right shoulder (finger snap optional)
6	Stand up and lower hands
7-8	Repeat steps 5-6

SYNCOPATED KICK AND STEP BACKS

1	Kick right out (slightly over left)
&2&	Moving slightly back step down right (in front of) left, step back left, step back right
3	Kick left out (slightly over right)
&4&	Moving slightly back step down left (in front of) right, step back right, step back left
5-8	Repeat steps 1-4

Style note: keep the steps small and stay on the balls of your feet

Easier alternative

1	Moving slightly back kick forward right
&2	Step on right & touch side left
3	Kick forward left
&4	Step on left & touch side right
5-8	Repeat 1-4

RIGHT POINT HOLD, RIGHT ¼ TURN POINT AND HOLD, RUNNING MAN

1	Point right to right side
2	Hold
&	Hitch right as you make ¼ turn to right
3	Point right to right side
4	Hold
&5&	Scoot left back slightly, step forward right, scoot back on right
6&	Step forward left, scoot back on left
7&	Step forward right, scoot back on right
8	Step forward left

Easier alternative: for those having problem with the "running man" on counts 5-8, you can simply march in place right, left, right and step forward left

Optional hand movement: during sections when the vocals state "Keep away from Runaround Sue", on count 3 put right hand out in "stop" position

REPEAT